CAPITAL ONE FINANCIAL CORP

Form 4

August 24, 2005

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

3235-0287

Expires:

5. Relationship of Reporting Person(s) to

January 31, 2005

0.5

Estimated average burden hours per

OMB APPROVAL

response...

if no longer subject to Section 16. Form 4 or

Check this box

Form 5 obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

2. Issuer Name and Ticker or Trading

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person *

			Symbol CARITAL ONE FINANCIAL CORR						Issuer		
	[COF]				AL ONE FINANCIAL CORP				(Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction (Month/Day/Year)						X Director 10% OwnerX Officer (give title Other (specify below)		
1680 CAPITAL ONE DRIVE 08			08/22/20	08/22/2005					Chairman, CEO and President		
				Amendment, Date Original					6. Individual or Joint/Group Filing(Check Applicable Line)		
			Tiled(Wion	Filed(Month/Day/Year)					_X_ Form filed by One Reporting Person Form filed by More than One Reporting		
MCLEAN,									Person		
(City)	(State) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned										
1.Title of Security (Instr. 3)	2. Transaction Da (Month/Day/Yea	r) Execution				4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
				Code	V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock (1)	08/22/2005			M		5,038	A	\$ 9.73	2,317,105	D	
Common Stock (1)	08/22/2005			S		569	D	\$ 85.04	2,316,536	D	
Common Stock (1)	08/22/2005			S		700	D	\$ 85.03	2,315,836	D	
Common Stock (1)	08/22/2005			S		1,269	D	\$ 85.22	2,314,567	D	
Common Stock (1)	08/23/2005			M		5,038	A	\$ 9.73	2,319,605	D	

Edgar Filing: CAPITAL ONE FINANCIAL CORP - Form 4

Common Stock (1)	08/23/2005	S	938	D	\$ 84.3	2,318,667	D	
Common Stock (1)	08/23/2005	S	900	D	\$ 84.26	2,317,767	D	
Common Stock (1)	08/23/2005	S	700	D	\$ 84.27	2,317,067 (2)	D	
Common Stock						107,502	I	By Fairbank Morris Inc.

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474 (9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number op for Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Employee Stock Option (Right to Buy)	\$ 9.73	08/22/2005		M	5,038	(3)	09/14/2005	Common Stock	5,038
Employee Stock Option (Right to Buy)	\$ 9.73	08/23/2005		M	5,038	(3)	09/14/2005	Common Stock	5,038

Reporting Owners

Reporting Owner Name / Address

Relationships

Reporting Owners 2

Edgar Filing: CAPITAL ONE FINANCIAL CORP - Form 4

	Director	10% Owner	Officer	Other
FAIRBANK RICHARD D			Chairman,	
1680 CAPITAL ONE DRIVE	X		CEO and	
MCLEAN, VA 22102			President	

Signatures

By: Frederick L. Williams (POA on file) 08/24/2005

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This transaction was executed pursuant to a trading plan entered into by the Reporting Person on November 12, 2004 in accordance with Rule 10b5-1 under the Securities Exchange Act of 1934, as amended.
- (2) Includes shares acquired by the reporting person under the Company's Dividend Reinvestment and Stock Purchase Plan through the current reported transaction.
 - This option is fully vested. The option vested in 1997 and 1998 in accordance with the following schedule: 50% vested when the trading price of the Common Stock equaled or exceeded \$37.50 for at least 10 business days within any period of 30 consecutive days; 25%
- (3) when the trading price of the Common Stock equaled or exceeded \$43.75 for at least 10 business days within any period of 30 consecutive days; and the remaining 25% when the trading price of the Common Stock equaled or exceeded \$50.00 for 10 business days within any period of 30 consecutive days. This vesting schedule does not reflect the June 1, 1999, 3-for-1 stock split adjustment.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Signatures 3