### MDC HOLDINGS INC

Form 4

Par Value

Common

Stock \$.01

Par Value

December 07	, 2004									
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL	
	4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287	
if no long subject to Section 10 Form 4 or	Check this box if no longer subject to Section 16. Form 4 or STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES							Expires: Estimated burden hor response	urs per	
Form 5 obligations may continue. See Instruction 1(b).  Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940										
(Print or Type R	Responses)									
1. Name and Address of Reporting Person * MIZEL LARRY A			er Name <b>and</b>				5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (A		of Earliest T		-	Cj	(Che	ck all applicabl	le)	
, ,	SEMITE STREE	(Month/I	Day/Year)	ransaction			_X_ Director _X_ Officer (giv below) Chairman	X10 e titleOttl below) of the Board an	ner (specify	
(Street) 4. If Amendment, Date Original Filed(Month/Day/Year)					6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person					
DENVER, C	CO 80237						Form filed by I Person	More than One R	Leporting	
(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secu	rities Acc	quired, Disposed o	f, or Beneficia	ally Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	Transaction(A) or Disposed of (D)  Code (Instr. 3, 4 and 5)  Ow  Fol  Rej		5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Ext Beneficial Ownership (Instr. 4)			
Common Stock \$.01 Par Value			Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4) 3,915,771	D		
Common Stock \$.01 Par Value	12/07/2004		S	7,305	D	\$ 76.76	1,045,296	I	Shares owned by Reporting Person's	

Person's

spouse (2) Indirect

Beneficial

Owner  $\underline{^{(3)}}$ 

396,161

I

#### Edgar Filing: MDC HOLDINGS INC - Form 4

Common		I	401(K)
Stock \$.01	2,094 (1)	T	Savings
Par Value	2,094 <u>~</u>	1	Plan
rai vaiuc			account

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of SEC 1474 information contained in this form are not (9-02)required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transact Code (Instr. 8)	5. conNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Titl Amou Under Secur (Instr.	int of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

# **Reporting Owners**

Reporting Owner Name / Address	Relationships							
•	Director	10% Owner	Officer	Other				
MIZEL LARRY A 3600 S. YOSEMITE STREE SUITE 900 DENVER, CO 80237	X	X	Chairman of the Board and CEO					

### **Signatures**

Joseph H. Fretz, 12/07/2004 Attorney-in-Fact \*\*Signature of Reporting Person Date

## **Explanation of Responses:**

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares are held in Reporting Person's 401(K) Savings Plan account which changes on a monthly basis.

Reporting Owners 2

#### Edgar Filing: MDC HOLDINGS INC - Form 4

- (2) Shares owned by the Reporting Person's spouse.
- Reporting Person may be deemed to be an indirect beneficial owner of these shares because his spouse owns all of the voting units in CLCD LLC, a limited liability company that owns these shares. In addition, he is the beneficiary of various trusts which own 50.6885% of the stock of CVentures, Inc., a corporation which is the sole manager of CLCD LLC. Also, Reporting Person owns 49.3115% of the common stock of CVentures, Inc. in his own name and he is a director and president of CVentures, Inc.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.