

Item 7.01 Regulation FD Disclosure

On March 2, 2016, Barnwell Industries, Inc. issued a press release announcing that it anticipates the sale of its remaining developed home and that it is moving forward with additional steps to reduce general and administrative expenses, including plans to further reduce the salaries of senior executive officers and the closing and sale of the company's New York office. A copy of such press release is furnished as Exhibit 99.1 to this Current Report.

Item 9.01 Financial Statements and Exhibits.

(d) Exhibits

Exhibit No. Description

99.1 Press release dated March 2, 2016

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: March 3, 2016

BARNWELL INDUSTRIES, INC.

By: /s/ Russell M. Gifford

Name: Russell M. Gifford

Title: Executive Vice President and
Chief Financial Officer

Exhibit Index

Exhibit No. Description

99.1 Press release dated March 2, 2016