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GENERAL M	IILLS INC										
Form 4	2005										
February 08, 2										PROVAL	
FORM	4 UNITED	STATES					GE CO	MMISSION	OMB	3235-0287	
Check this	s box		Was	hington,	D.C. 2054	9			Number:	January 31,	
if no longer subject to STATEMENT OF CHANG				GES IN E SECURI		CRSHIP OF	Expires: 200 Estimated average burden hours per				
Form 4 or Form 5 obligation may contin <i>See</i> Instruct 1(b).	Filed pur s Section 17(a) of the		6(a) of the ility Hold	Securitie	any A	Act of 1	Act of 1934, 935 or Section	response	0.5	
(Print or Type R	esponses)										
SANGER STEPHEN W Symbol			Symbol		Ticker or Tr .S INC [G	-		Relationship of Reporting Person(s) to suer			
				Earliest Tra	-	10]		(Check all applicable)			
GENERAL MILLS INC, NUMBER 02/07/20 ONE GENERAL MILLS BLVD				Day/Year) 005				_X Director 10% Owner _X Officer (give title Other (specify elow) below) Chairman and CEO			
				h/Day/Year) Aj				Individual or Joint/Group Filing(Check pplicable Line) X_ Form filed by One Reporting Person			
MINNEAPO	DLIS, MN 55426						Pe	_ Form filed by Mo erson	ore than One Re	porting	
(City)	(State)	(Zip)	Table	e I - Non-De	erivative Se	curitie	es Acquir	ed, Disposed of,	or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) Execution Date, if any (Month/Day/Year)			Code	4. Securitie our Disposed (Instr. 3, 4	d of (E))	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
COMMON STOCK	02/07/2005			М	186,097	А	\$ 26.22	0	D		
COMMON STOCK	02/07/2005			F	132,108	D	\$ 53.11	922,448	D		
COMMON STOCK								10,096	Ι	(See Footnote) $(\underline{1})$	
COMMON STOCK								100	Ι	(See Footnote) (2)	
								3,505	Ι		

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COMMO STOCK	N] ((See Footnote) $\frac{(4)}{(5)}$	
COMMO STOCK	N						3,505	I	(See Footnote) $(\underline{4})$	
Reminder: R	eport on a sep	parate line for each class	ss of securities benefi	-		-	-			
				informa require	ation o ed to ro /s a cu	contained respond un	to the collecti in this form a nless the form alid OMB contr	are not 1	C 1474 (9-02)	
	Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)									
1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	Code	Securities (1		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amou Numb Share
OPTION TO BUY	\$ 26.22	02/07/2005		М		186,097	06/26/2000	07/26/2005	COMMON STOCK	186,
Reporting Owners										
Re	porting Own	er Name / Address		100 0	Relati	tionships				

	Director	10% Owner	Officer
SANGER STEPHEN W GENERAL MILLS INC NUMBER ONE GENERAL MILLS BLVD MINNEAPOLIS, MN 55426	Х		Chairman and CEO
Signatures			

Elizabeth Wittenberg by Power of Attorney on behalf of STEPHEN 02/08/2005 SANGER Date

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Held in Trust by the Trustee of the General Mills Savings Plan.

Other

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- (2) By Spouse.
- (3) Employee option (right to buy) granted by the Compensation Committee of Board of Directors of General Mills, Inc. under shareholder-approved stock option plans.
- (4) These shares are held in trusts for the benefit of the reporting person's minor children. The reporting person and his spouse are trustees of the trusts.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.