

MOUNTAIN JAMES R
Form 4
March 21, 2013

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
MOUNTAIN JAMES R

2. Issuer Name and Ticker or Trading Symbol
Armour Residential REIT, Inc.
[ARR]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)
3001 OCEAN DRIVE, SUITE 201
(Street)

3. Date of Earliest Transaction (Month/Day/Year)
03/18/2013

____ Director _____ 10% Owner
 Officer (give title below) _____ Other (specify below)
Chief Financial Officer

VERO BEACH, FL 32963

(City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
____ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)		
				(A) or (D)	Code	V	Amount	(D)	Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474
(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Conversion or Exercise	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any	4. Transaction Code	5. Number of Derivative Securities	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Underlying Securities
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(Instr. 3)	Price of Derivative Security	(Month/Day/Year)	(Instr. 8)	Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)								(Instr.)
			Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	03/31/2013	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	06/30/2013	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	09/30/2013	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	12/31/2013	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	03/31/2014	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	06/30/2014	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	09/30/2014	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	12/31/2014	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	03/31/2015	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	06/30/2015	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(4)</u>	09/30/2015	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>
Phantom Stock <u>(1)</u>	<u>(4)</u>	12/31/2015	A		4,135		<u>(1)</u> <u>(2)</u> <u>(3)</u>	<u>(1)</u> <u>(2)</u> <u>(3)</u>	Common Stock	4,135		<u>(4)</u>

(2) (3)

Phantom Stock ⁽¹⁾ (2) (3)	(4)	03/31/2016	A	4,135	(1)(2)(3)	(1)(2)(3)	Common Stock	4,135	(4)
Phantom Stock ⁽¹⁾ (2) (3)	(4)	06/30/2016	A	4,135	(1)(2)(3)	(1)(2)(3)	Common Stock	4,135	(4)
Phantom Stock ⁽¹⁾ (2) (3)	(4)	09/30/2016	A	4,135	(1)(2)(3)	(1)(2)(3)	Common Stock	4,135	(4)
Phantom Stock ⁽¹⁾ (2) (3)	(4)	12/31/2016	A	4,135	(1)(2)(3)	(1)(2)(3)	Common Stock	4,135	(4)
Phantom Stock ⁽¹⁾ (2) (3)	(4)	03/31/2017	A	4,135	(1)(2)(3)	(1)(2)(3)	Common Stock	4,135	(4)
Phantom Stock ⁽¹⁾ (2) (3)	(4)	06/30/2017	A	4,135	(1)(2)(3)	(1)(2)(3)	Common Stock	4,135	(4)
Phantom Stock ⁽¹⁾ (2) (3)	(4)	09/30/2017	A	4,135	(1)(2)(3)	(1)(2)(3)	Common Stock	4,135	(4)
Phantom Stock ⁽¹⁾ (2) (3)	(4)	12/31/2017	A	4,141	(1)(2)(3)	(1)(2)(3)	Common Stock	4,141	(4)

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
MOUNTAIN JAMES R 3001 OCEAN DRIVE SUITE 201 VERO BEACH, FL 32963			Chief Financial Officer	

Signatures

/s/ James R.
Mountain

03/20/2013

**Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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- The reporting person was granted an aggregate of 82,706 shares of phantom stock under ARMOUR Residential REIT, Inc.'s Amended and Restated 2009 Stock Incentive Plan pursuant to a vesting schedule described below. 4,135 shares of the reporting person's phantom
- (1) stock will vest on March 31, 2013 with an additional 4,135 shares of phantom stock vesting on the last day of each fiscal quarter until September 30, 2017. On December 31, 2017, 4,141 shares will vest, at which time all phantom stock will be vested. The reporting person will be entitled to an equal number of shares of ARMOUR common stock within 30 days of vesting.

- Upon termination of the reporting person's service with ARMOUR Residential Management LLC ("ARRM"), ARMOUR's manager, or the termination of the Management Agreement between ARMOUR and ARRM, all phantom shares which have not vested prior to or
- (2) concurrently with such termination will be forfeited by the reporting person; provided, however, that the phantom shares will vest if the termination is due to death, disability, termination without cause, or retirement after age 62. The phantom shares will automatically vest upon a change in control of ARMOUR.

- The reporting person also has the right to elect to receive the amount of cash necessary to pay any income taxes instead of some of the
- (3) shares of ARMOUR common stock. With respect to each phantom share, the reporting person will receive a cash payment in an amount equal to the cash dividend distributions paid in the ordinary course on a share of ARMOUR common stock.

- (4) Each unit of phantom stock is the economic equivalent of one share of ARMOUR common stock.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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