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PUCHNER	ALEX										
Form 4	2012										
January 03, 2	_								OMB AF	PPROVAL	
FORM	STATES		ITIES A hington,	OMB Number:	3235-0287						
Check th if no long subject to Section 1 Form 4 o Form 5 obligation may cont <i>See</i> Instru	6. r Filed pur ns inue.	suant to S a) of the l	Section 10 Public Ut	SECUR	Expires: January 31 2005 Estimated average burden hours per response 0.5						
1(b).					· · ·	5					
(Print or Type I	Responses)										
1. Name and Address of Reporting Person <u>*</u> PUCHNER ALEX			2. Issuer Name and Ticker or Trading Symbol BJs RESTAURANTS INC [BJRI]					5. Relationship of Reporting Person(s) to Issuer			
(Last)	(First) (N	Middle)	3. Date of Earliest Transaction				(Chec	Check all applicable)			
7755 CENTER AVENUE, SUITE 300			(Month/Day/Year) 12/31/2011					Director 10% Owner X Officer (give title Other (specify below) below) Sr. Vice President Brewing Ops			
HUNTING	(Street)	4 92647		ndment, Dat th/Day/Year)	-	1		6. Individual or Jo Applicable Line) _X_ Form filed by O Form filed by M	One Reporting Pe	rson	
(City)		(Zip)	Tabl	I Non D	orivotivo	Soon	itios A og	Person	or Donoficial	ly Owned	
1.Title of Security (Instr. 3)	I.Title of2. Transaction Date2A. DeemedSecurity(Month/Day/Year)Execution Date, if		e I - Non-Derivative Securities Acq 3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8) (A) or				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial		
Common Stock, no par value (3)	12/31/2011			Code V	Amount 367		Price \$ 45.32	(Instr. 3 and 4) 7,463	D		
Common Stock, no par value								73,218	Ι	By Trust	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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information contained in this form are not
required to respond unless the formSEC 1474
(9-02)

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displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. onNumber of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)			7. Title and A Underlying S (Instr. 3 and a	Securities
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non Qualified Stock Option	\$ 37.03					12/29/2011 <u>(1)</u>	12/29/2020	Common Stock	2,565
Non Qualified Stock Option	\$ 18.86					12/30/2010 <u>(1)</u>	12/30/2019	Common Stock	10,083
Common Stock Purchase Option	\$ 13.57					02/09/2005 <u>(1)</u>	04/15/2014	Common Stock	2,500
Common Stock Purchase Option	\$ 15.5					02/22/2007 <u>(2)</u>	02/22/2015	Common Stock	4,570
Common Stock Purchase Option	\$ 23.26					01/04/2007(1)	01/04/2016	Common Stock	10,000
Common Stock Purchase Option	\$ 19.96					01/03/2008(1)	01/03/2017	Common Stock	7,500
Non Qualified Stock Option	\$ 16.63					01/02/2009 <u>(1)</u>	01/02/2018	Common Stock	4,707

8 E S (1 Non Qualified Stock Options \$ 10.11

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12/31/2009(1) 12/31/2018 Common Stock 10,500

Reporting Owners

Relationships						
Director	10% Owner	Officer	Other			
		Sr. Vice President Brewing Ops				
lexander	· М.	01/03/2012				
I		Date				
	lexander	lexander M.	Director 10% Owner Officer Sr. Vice President Brewing Ops Alexander M. 01/03/2012			

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The options vest 20% per year beginning on the first anniversary of the date of grant.
- (2) The options vest 33 1/3% per year beginning on the third anniversary of the date of grant.
- (3) Shares withheld by Registrant to satisfy minimum statutory withholding requirements on vesting of restricted stock units.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.