HILTON ROBERT L

securities beneficially owned directly or indirectly.

Form 5

February 15, 2011

FORM	15							OMB A	PPROVAL	
	OMB Number:	3235-0362								
Check this no longer	shington, D.C. 20549 ENT OF CHANGES IN BENEFICIAL RSHIP OF SECURITIES					Expires:	January 31, 2005			
to Section Form 4 or 5 obligation may conti See Instru						Estimated average burden hours per response 1.				
1(b).	Filed purs oldings Section 17(a	uant to Section 10) of the Public Ut 30(h) of the In	ility Holdin	g Compa	ny A	ct of	1935 or Sectio	n		
1. Name and A	or Name and Ticker or Trading I RICAN EQUITY STMENT LIFE HOLDING AEL]				5. Relationship of Reporting Person(s) to Issuer					
					(Check all applicable)					
(Last)	(First) (M	iddle) 3. Statemo (Month/D	3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year) 12/31/2010				_X_ Director Officer (give below)		Owner er (specify	
6000 WEST	TOWN PARKWA		310							
			endment, Date Original nth/Day/Year)				6. Individual or Joint/Group Reporting (check applicable line)			
WEST DES	S MOINES, IAÂ	50266					_X_ Form Filed by Form Filed by Person			
(City)	(State)	Zip) Tabl	e I - Non-Deri	vative Sec	uritie	s Acqu	ired, Disposed o	f, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned at end of Issuer's	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)		
				Amount	(A) or (D)	Price	Fiscal Year (Instr. 3 and 4)			
Common Stock	Â	Â	Â	Â	Â	Â	36,000	D	Â	
Reminder: Rep	port on a separate line t	for each class of	Persons wh	o respon	d to	the co	llection of info	rmation	SEC 2270	

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

contained in this form are not required to respond unless

the form displays a currently valid OMB control number.

(9-02)

Edgar Filing: HILTON ROBERT L - Form 5

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)		4. Transaction Code (Instr. 8)			6. Date Exerci Expiration Dat (Month/Day/Y	ie e	7. Title and Amount of Underlying Securities (Instr. 3 and 4)		8 I S ((
					(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	
Options - Right to Buy	\$ 9.27	Â	Â	Â	Â	Â	06/11/2013	06/10/2020	Common Stock	15,000	
Options - Right to Buy	\$ 5.85	Â	Â	Â	Â	Â	06/04/2012	06/04/2019	Common Stock	10,000	
Options - Right to Buy	\$ 10.85	Â	Â	Â	Â	Â	06/11/2011	06/11/2018	Common Stock	10,000	
Options - Right to Buy	\$ 10.77	Â	Â	Â	Â	Â	06/30/2005	12/31/2014	Common Stock	1,000	
Options - Right to Buy	\$ 11	Â	Â	Â	Â	Â	06/10/2004	06/10/2014	Common Stock	1,000	
Options - Right to Buy	\$ 9	Â	Â	Â	Â	Â	12/04/2003	12/04/2013	Common Stock	1,000	

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
HILTON ROBERT L 6000 WESTOWN PARKWAY WEST DES MOINES, IA 50266	ÂX	Â	Â	Â		
Signatures						
Debra J. Richardson, by Power of Attorney	02/14/2011					
**Signature of Reporting Person		Date				

Reporting Owners 2

Edgar Filing: HILTON ROBERT L - Form 5

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.