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MEDIFAST INC Form 8-K March 12, 2009

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

FORM 8-K

CURRENT REPORT

Pursuant to Section 13 or 15(d) of The Securities Exchange Act of 1934

Date of Report (Date of earliest event reported) March 12, 2009

MEDIFAST, INC.

(Exact name of registrant as specified in its charter)

Delaware	000-23016	13-3714405
(State or other jurisdiction of incorporation or organization)	(Commission File Number)	(IRS Employer Ident. No.)
11445 Cronhill Drive, Owing Mills, Maryland		21117
(Address of principal executive offices	5)	(Zip Code)
Registrant's telephone number, includi	ng area code (410)-581-8042	
Check the appropriate box below if the the registrant under any of the following	e Form 8-K filing is intended to simultaning provisions:	eously satisfy the filing obligation of
[] Written communications pursuant	t to Rule 425 under the Securities Act (17	7 CFR 230.425)
[] Soliciting material pursuant to Ru	lle 14a-12 under the Exchange Act (17 C	FR 240.14a-12)
Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))		
[] Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))		

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Item 7.01 Regulation FD Disclosure

The following information is furnished under "Item 7.01. Regulation FD Disclosure" and "Item 2.02. Disclosure of Results of Operations and Financial Condition."

On March 12, 2009 Medifast, Inc. ("Medifast") issued a press release announcing Medifast's fourth quarter and year-end revenue and earnings for the period ended December 31, 2008. The Company also provided revenue trending year-to-date in 2009. A copy of Medifast's press release is attached hereto as Exhibit 99.1 and hereby incorporated by reference.

Item 9.01 Exhibits

Exhibits pursuant to Item 7.01

99.1 Press release dated March 12, 2009.

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SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

Dated: March 12, 2009 MEDIFAST, INC.

/s/ Michael S. McDevitt Michael S. McDevitt Chief Executive Officer