UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 144 NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933

OMB APPROVAL					
OMB Number:	3235-0101				
Expires:	March 31, 2011				
Estimated burden	average				
hours per response	2.00				
SEC USI	E ONLY				
DOCUMI SEQUEN					

CUSIP NUMBER

ATTENTION: Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.

1 (a) NAME OF ISSUER (Please type or print)			(b) IRS IDENT.		(c) S.E.C. FILE NO		WORK LOCATION	
CLECO CORP			72-1445	5282 I-56	63			
1 (d) ADDRESS OF ISSUER	STREET		CITY	STA	TE ZIP (CODE	(e) TELH NO	EPHONE
	P.O. Box 5000		Pineville	e LA	7136	1-5000	318/484	-7400
2 (a) NAME OF P FOR WHOSE AC THE SECURITIE TO BE SOLD	COUNT	(b) RELATIONSHI TO ISSUER		PRESS STRE	EET CITY	7	STATE	ZIP CODE
Crump Keith D		Officer	P.O. Bo	x 5000	Pine	ville	LA	71361-5000
INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.								
3 (a) (b)		SEC USE ONLY	(c)	(d)	(e)	(f)	((g)
			Number of		Number of		_	Name of
Title of the			Shares	Aggregate	Shares	Appı	roximate	Each
	e and Address of Broker Through Whom the		or Other Units	Market	or Other Units	Date	of Sale	Securities

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Securit To Be S		Securities are to be Offered or Each Market Maker	File Number	To Be Sold	Value	Outstanding	(See instr. 3(f))	Exchange	
	who is Acqu Securit			(See instr. 3(c))	(See instr. 3(d))	(See instr. 3(e))	(MO. DAY YR.)	(See instr. 3(g))	
Commo Stock, S par		Morgan Stanley Smith Barney LLC Executive Financial Services 485 Lexington Avenue, 11th Floor New York, NY 10017		3,000	\$86,490 <u>(1)</u>	60,730,766 (<u>2</u>)	08/09/2010	NYSE	
INSTRU	JCT	IONS:							
1.	(a)					s of securities			
	(b)			(b)Name and address of each broker through whom the					
		Identification Number) Issuer's S.E.C. file		securities are intended to be sold (c) Number of shares or other units to be sold (if debt securities, give the aggregate face amount)					
	(c)	number, if any							
	(d)	•	(d) Aggregate market value of the securities to be sold as of						
zip code a specified date winotice									
	(e)	Issuer's telephon including area co		(e) Number of shares or other units of the class outstanding or if debt securities the face amount thereof outstanding					
		5		as s	-				
				published by the issuer (f) Approximate date on which the				securities are to be sold	
2.	(a)	Name of person account the secu		(g)Nar	ne of each se		ange, if any, on		
		to be sold		500	unities are m				
	(b)) Such person's re	lationship						
			to the issuer (e.g., officer,						
		director, 10% sto							
		or member of im							
		family of any of foregoing)	tne						
	(c)	e e .	ldress						
		including zip coo							
	Potential persons who are to respond to the collection of information contained in this form are SEC 1147							e SEC 1147	

Potential persons who are to respond to the collection of information contained in this form are SEC 1147 not required to respond unless the form displays a currently valid OMB control number. (08-07)

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TABLE I — SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date Acqu	•	Nature of Acquisition Transaction	Name of Person from Whom Acquired (If gift, also give date donor acquired)	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common Stock, \$1 par	08/09/2 <u>(3)</u>	2010	Exercise of non-qualified employee stock options <u>(4)</u>	Issuer	3,000	08/12/2010 (5)	Check
INSTRUCTI	1 6 6 1 1	theref explai consid any no install note o	securities were purch or was not made in cash in in the table or in a note deration given. If the con- ote or other obligation, or ments describe the arrang or other obligation was dis- ment paid.	at the time of purchase thereto the nature of the nsideration consisted of if payment was made in ement and state when the	, e f n e		

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

		Amount of						
		Date of	Securities					
Name and Address of Seller	Title of Securities Sold	Sale	Sold	Gross Proceeds				

EXPLANATION OF RESPONSES:

1. Based on Cleco Corporation common stock closing price on 08/06/2010 (\$28.83).

2. As reported in Form 10-Q filed 08/04/2010; outstanding as of 06/30/2010.

- 3. Approximate date of exercise.
- 4. Plan is S-8 registered.
- 5. Approximate date of settlement.

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. The person for whose account the securities to which this Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

ATTENTION:

notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

August 09, 2010 DATE OF NOTICE /s/ Keith D. Crump (SIGNATURE)

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION. IF **RELYING ON RULE 10B5-1**

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

SEC 1147 (02-08)