Bunting Anthony L

Form 144 March 04, 2010							
UNITED STATES						OMB APPROVAL	
SECURITIES AND EXCHANGE COMMISSION						OMB Number:	3235-0101
Washington, D.C. 20549						Expires:	March 31, 2011
						Estimated average burden	
FORM 144						hours per 2.00 response	
NC	TICE OF PROPOSED SA	ALE OF SEC	URITIES			SEC USE ONLY	
PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933						DOCUMENT SEQUENCE NO.	
						CUSIP N	UMBER
ATTENTION: Transmit order with a broker to exe			•		n		
1 (a) NAME OF ISSUER (Please type or print)		(b) IRS IDENT. 1		S.E.C. FILE NO		WORK LOCATION	
CLECO CORP		72-1445	282 I-56	63			
1 (d) ADDRESS STRE OF ISSUER	EET	CITY	STA	TE ZIP C		(e) TELE NO	PHONE
P.O. 3	Box 5000	Pineville	e LA	71361	-5000	(318)484	-7400
2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD		` '	RESS STRE	EET CITY		STATE	ZIP CODE
Bunting Anthony L	Officer	P.O. Box	x 5000	Pinevi	lle	LA	71361-5000
INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. Identification Number and the S.E.C. File Number.							
3 (a) (b)	SEC USE ONLY	(c)	(d)	(e)	(f)	(§	g)
Title of the		Number of Shares	Aggregate	Number of Shares	Appro	oximate	Name of Each
Class of Name and A Each Broker Whom	_	or Other Units	Market	or Other Units	Date of	of Sale S	Securities

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Securiti To Be So		Securities are to be Offered or Each Market Maker	File Number	To Be Sold	Value	Outstanding	(See instr. 3(f))	Exchange
	V	who is Acquiring the Securities		(See instr. 3(c))	(See instr. 3(d))	(See instr. 3(e))	(MO. DAY YR.)	(See instr. 3(g))
Common Stock, \$ par	n Co 1 23 Pa	SC Securities orporation 300 Windy Ridge arkway, Suite 1100 tlanta, GA 30339		4,000	\$102,440 (1)	60,259,368 (<u>2</u>)	03/05/2010	NYSE
INSTRU	CTIO	NS:						
1.	(a)	Name of issuer		3. (a) Titl	e of the class	s of securities	to be sold	
	(b)	Issuer's I.R.S.		(b) Naı	ne and addre	ess of each bro	oker through wl	hom the
		Identification Nu	mber	sec	urities are in	tended to be s	old	
	(c)	Issuer's S.E.C. fit number, if any	le	(c) Number of shares or other units to be sold (if deb securities, give the aggregate face amount)				
	(d)	Issuer's address, zip code	including	(d) Aggregate market value of the securities to be sold a specified date within 10 days prior to filing of thi notice				
	(e)	Issuer's telephone including area co		(e) Number of shares or other units of the class outstated or if debt securities the face amount thereof outstated as shown by the most recent report or statement published by the issuer(f) Approximate date on which the securities are to be				outstanding, ent
2.	(a)	Name of person f account the secur to be sold		(g) Nai	ne of each se		ange, if any, on	
	(b)	Such person's rel to the issuer (e.g. director, 10% sto or member of im- family of any of t	, officer, ckholder, mediate					

Potential persons who are to respond to the collection of information contained in this form are SEC 1147 not required to respond unless the form displays a currently valid OMB control number. (08-07)

foregoing)

(c)

Such person's address,

including zip code

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TABLE I — SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor:

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of Person from Whom Acquired (If gift, also give date donor acquired)	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common Stock, \$1 par	<u>(3)</u>	Shares awarded under the Company's 1990 and 2000 Long-Term Incentive Compensation Plans (4)	Issuer	4,000	<u>(5)</u>	<u>(5)</u>

INSTRUCTIONS: If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II — SECURITIES SOLD DURING THE PAST 3 MONTHS

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

		Amount of		
		Date of	Securities	
Name and Address of Seller	Title of Securities Sold	Sale	Sold	Gross Proceeds

EXPLANATION OF RESPONSES:

- 1. Based on Cleco Corporation common stock closing price on 03/03/2010 (\$25.61).
- 2. As reported in Form 10-K filed 02/25/2010, outstanding as of 12/31/2009.
- 3. Acquired through participation in the Company's long-term incentive compensation plans over the period 1/1/1999 through 12/31/2007.
- 4. Plans are S-8 registered.
- 5. No value was exchanged for these shares.

REMARKS:

INSTRUCTIONS:

See the definition of "person" in paragraph (a) of Rule 144. The person for whose account the securities to which this Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

March 04, 2010 DATE OF NOTICE

ATTENTION: Intentional

DATE OF PLAN ADOPTION OR GIVING OF INSTRUCTION, IF **RELYING ON RULE 10B5-1**

SEC 1147 (02-08)

misstatements or omission of facts constitute

Federal Criminal Violations (See 18 U.S.C. 1001)

ATTENTION:

notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the Issuer of the securities to be sold which has not been publicly disclosed. If such person has adopted a written trading plan or given trading instructions to satisfy Rule 10b5-1 under the Exchange Act, by signing the form and indicating the date that the plan was adopted or the instruction given, that person makes such representation as of the plan adoption or instruction date.

/s/ Anthony L. Bunting (SIGNATURE)

The notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed. Any copies not manually signed shall bear typed or printed signatures.