Flagstone Reinsurance Holdings Ltd Form 4

December 10, 2008

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

Check this box if no longer

subject to Section 16. Form 4 or

Form 5 obligations

may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section

30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person *

O'SHAUGHNESSY JAMES

(First) (Middle)

FLAGSTONE REINSURANCE HOLDINGS LTD., CRAWFORD HOUSE, 23 CHURCH STREET

(Street)

HAMILTON, D0 HM11

(City) (State) (Zip)

Symbol

Flagstone Reinsurance Holdings Ltd

Filed(Month/Day/Year)

12/08/2008

2. Issuer Name and Ticker or Trading

[FSR]

3. Date of Earliest Transaction (Month/Day/Year)

4. If Amendment, Date Original

5. Relationship of Reporting Person(s) to

Issuer

(Check all applicable)

Director 10% Owner X_ Officer (give title Other (specify

below) Chief Financial Officer (ex)

6. Individual or Joint/Group Filing(Check

Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1.Title of Security (Instr. 3)

2. Transaction Date 2A. Deemed (Month/Day/Year)

Execution Date, if

(Month/Day/Year)

3. 4. Securities TransactionAcquired (A) or Code Disposed of (D) (Instr. 8)

(Instr. 3, 4 and 5)

(A)

5. Amount of Securities Beneficially Owned Following Reported

Transaction(s)

Form: Direct (Instr. 4)

6. Ownership 7. Nature of Indirect (D) or Indirect Beneficial

OMB APPROVAL

3235-0287

January 31,

2005

0.5

OMB

Number:

Expires:

response...

Estimated average

burden hours per

Ownership (Instr. 4)

(9-02)

(Instr. 3 and 4) Code V Amount (D) Price

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1

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1. Title of	2.	3. Transaction Date	3A. Deemed	4.		5. Nu	mber of	6. Date Exer	cisable and	/. Title and A	Amount of
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transa	ctio	orDerivative		Expiration Date		Underlying Securities	
Security	or Exercise		any	Code		Secur	ities	(Month/Day/	Year)	(Instr. 3 and	4)
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8	8)	Acqu	ired (A) or				
	Derivative					Dispo	sed of (D)				
	Security					(Instr	. 3, 4, and				
						5)					
				Code	V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount of Number of Shares
Performance Share Units	\$ 0 (1) (2)	12/08/2008		J(2)			117,000	<u>(3)</u>	<u>(4)</u>	Common Shares	117,700

Reporting Owners

Reporting Owner Name / Address	Relationships							
1 8	Director	10% Owner	Officer	Other				
O'SHAUGHNESSY JAMES FLAGSTONE REINSURANCE HOLDINGS LTD. CRAWFORD HOUSE, 23 CHURCH STREET HAMILTON, D0 HM11			Chief Financial Officer (ex)					

Signatures

/s/ James

O'Shaughnessy 12/10/2008

**Signature of Reporting
Person

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Vesting of Performance Share Units ("PSUs") is contingent upon the reporting person's continued employment with Flagstone Reinsurance Holdings Limited (the "Company") and the Company meeting certain fully diluted return-on-equity ("FDROE") goals. Upon

- vesting, the PSU holder is entitled to receive a number of common shares of the Company (or the cash equivalent, at the election of the Company) equal to the product of the number of PSUs granted multiplied by a factor based on the Company's FDROE during the vesting period. The factor with respect to the PSUs to be cancelled (see note (2) below) ranged between zero and two, depending on the FDROE achieved during the vesting period. The factor with respect to the current PSUs granted (see note (5) below) will range between 0.5 and 1.5, depending on the FDROE achieved during the vesting period.
 - The Compensation Committee of the Board of Directors of the Company reviews its assumptions in relation to the PSUs on a quarterly basis. At a meeting of the Compensation Committee of the Board of Directors on November 13, 2008, the members of the Compensation
- (2) Committee voted to cancel the PSUs previously granted to Mr. O'Shaughnessy in light of the Company's current FDROE estimates, subject to receiving Mr. O'Shaughnessy's consent. On December 8, 2008, Mr. O'Shaughnessy consented to this cancellation and the PSUs previously granted were cancelled.
- The total PSUs held by Mr. O'Shaughnessy were granted under different series, with different vesting contingencies described in note 1 above. Subject to the contingency described in note 1 above and the other terms and conditions of the issuer's PSU Plan, 40,000 of these shares would have vested on December 31, 2008; 45,000 of these shares would have vested on December 31, 2010.
- Assuming the issuer would settle these PSUs within three months of the vesting date, 40,000 of these shares would have expired on (4) March 31, 2009; 45,000 of these shares would have expired on March 31, 2010 and 32,000 of these shares would have expired on March 31, 2011.

Reporting Owners 2

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(5) Represents the mid-point of the vesting range described in note 1 above for these PSUs.

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