Edgar Filing: FOSTER JAMES C - Form 4

FOSTER JA Form 4											
July 29, 201 FORM Check th if no lon subject t Section Form 4 of Form 5 obligation may con See Instri 1(b).	A 4 UNITED his box ger o 16. or Filed pur Section 17(IENT OF suant to Se a) of the Pu	Was CHAN ection 10 ublic Ut	hingt GES SEC 5(a) o ility F	ion, IN UR f th Hole	, D.C. 20 BENEF RITIES le Securi ding Cor)549 TICLA ties H mpan	AL OWN Exchange	OMMISSION ERSHIP OF Act of 1934, 1935 or Section	OMB Number: Expires: Estimated a burden hour response	•
(Print or Type	Responses)										
1. Name and A FOSTER JA	Address of Reporting AMES C	S C I	Symbol CHARL LABOR	ES R ATO	IVI Rif			₅]	5. Relationship of I ssuer (Check X Director	all applicable	
(Last) 251 BALLA	(First) (1 ARDVALE STRE	Middle) 3		Earlies ay/Yea	st Tı	ransaction	-		_X_ Officer (give t below)		r (specify
	(Street)		If Amer			ate Origina r)	al	1	5. Individual or Joi Applicable Line) _X_ Form filed by Or		
WILMING	TON, MA 01887							Ī	Form filed by Mo Person	ore than One Rep	porting
(City)	(State)	(Zip)	Table	e I - No	on-I	Derivative	Secu	rities Acqui	ired, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemec Execution D any (Month/Day	Date, if /Year)	Code (Instr.	8)	4. Securit mr Dispos (Instr. 3, Amount	sed of		5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock	07/27/2011			S <u>(1)</u>	·	100	D		341,389	D	
Common Stock	07/27/2011			S <u>(1)</u>		100	D	\$ 39.3275	341,289	D	
Common Stock	07/27/2011			S <u>(1)</u>		300	D	\$ 39.33	340,989	D	
Common	07/27/2011			S (1)		400	D	\$ 39.88	340,589	D	

S(1)

100

D \$39.335 340,489

D

Stock

Stock

Common

07/27/2011

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Common Stock	07/27/2011	S <u>(1)</u>	720	D	\$ 39.34	339,769	D
Common Stock	07/27/2011	S <u>(1)</u>	500	D	\$ 39.89	339,269	D
Common Stock	07/27/2011	S <u>(1)</u>	400	D	\$ 39.9	338,869	D
Common Stock	07/27/2011	S <u>(1)</u>	100	D	\$ 39.345	338,769	D
Common Stock	07/27/2011	S <u>(1)</u>	300	D	\$ 39.91	338,469	D
Common Stock	07/27/2011	S <u>(1)</u>	700	D	\$ 39.35	337,769	D
Common Stock	07/27/2011	S <u>(1)</u>	300	D	\$ 39.92	337,469	D
Common Stock	07/27/2011	S <u>(1)</u>	300	D	\$ 39.36	337,169	D
Common Stock	07/27/2011	S <u>(1)</u>	100	D	\$ 39.37	337,069	D
Common Stock	07/27/2011	S <u>(1)</u>	800	D	\$ 39.93	336,269	D
Common Stock	07/27/2011	S <u>(1)</u>	600	D	\$ 39.935	335,669	D
Common Stock	07/27/2011	S <u>(1)</u>	100	D	\$ 39.38	335,569	D
Common Stock	07/27/2011	S <u>(1)</u>	200	D	\$ 39.39	335,369	D
Common Stock	07/27/2011	S <u>(1)</u>	600	D	\$ 39.945	334,769	D
Common Stock	07/27/2011	S <u>(1)</u>	100	D	\$ 39.42	334,669	D
Common Stock	07/27/2011	S <u>(1)</u>	600	D	\$ 39.95	334,069	D
Common Stock	07/27/2011	S <u>(1)</u>	400	D	\$ 39.96	333,669	D
Common Stock	07/27/2011	S <u>(1)</u>	500	D	\$ 39.49	333,169	D
Common Stock	07/27/2011	S <u>(1)</u>	1,800	D	\$ 39.97	331,369	D
Common Stock	07/27/2011	S <u>(1)</u>	100	D	\$ 39.51	331,269	D
	07/27/2011	S <u>(1)</u>	400	D	\$ 39.515	330,869	D

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Common Stock								
Common Stock	07/27/2011	S <u>(1)</u>	1,100	D	\$ 39.98	329,769	D	
Common Stock	07/27/2011	S <u>(1)</u>	100	D	\$ 39.52	329,669	D	
Common Stock						340	Ι	By Trust
Common Stock						10,000	I	Held By Spouse

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		ate	7. Title Amou Under Securi (Instr.	nt of lying	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secu Bene Owne Follo Repo Trans (Instr
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares		

Reporting Owners

Reporting Owner Name / Address	Relationships							
	Director	10% Owner	Officer	Other				
FOSTER JAMES C 251 BALLARDVALE STREET WILMINGTON, MA 01887	Х		President and CEO					
Signatures								

/s/James C. 07/28/2011 Foster <u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This sale occured pursuant to a 10b5-1 Trading Plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.