AINSLIE CHARLES J

Form 4

January 30, 2009

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB Number:

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OMB APPROVAL

3235-0287

0.5

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Check this box if no longer subject to Section 16. Form 4 or Form 5

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue.

30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * AINSLIE CHARLES J			2. Issuer Name and Ticker or Trading Symbol STERLING FINANCIAL CORP /WA/ [STSA]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last) 111 N. WALL	(First) STREET	(Middle)	3. Date of Earliest Transaction (Month/Day/Year) 08/28/2008	_X Director 10% Owner Officer (give titleX Other (specify below) Director - Golf Savings Bank		
(Street)			4. If Amendment, Date Original Filed(Month/Day/Year)	6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person		
SPOKANE, W	/A 99201			Form filed by More than One Reporting Person		

(City) (State) (Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

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1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securion(A) or D (Instr. 3,	ispose	ed of (D)	5. Amount of Securities Beneficially Owned Following	6. Ownership Form: Direct (D) or Indirect (I)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(Instr. 4)	
Common Stock	08/28/2008		S(1)	500	D	\$ 9.28	21,879	D	
Common Stock	08/28/2008		S <u>(1)</u>	2,740	D	\$ 9.36	19,139	D	
Common Stock	08/28/2008		S(1)	300	D	\$ 9.37	18,839	D	
Common Stock	08/28/2008		S(1)	4,600	D	\$ 9.38	14,239	D	
Common Stock	08/28/2008		S <u>(1)</u>	1,700	D	\$ 9.39	12,539	D	

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Common Stock	08/28/2008	S(1)	800	D	\$ 9.395	11,739	D
Common Stock	08/28/2008	S(1)	2,800	D	\$ 9.4	8,939	D
Common Stock	08/28/2008	S(1)	100	D	\$ 9.41	8,839	D
Common Stock	08/28/2008	S(1)	200	D	\$ 9.4125	8,639	D
Common Stock	08/28/2008	S(1)	200	D	\$ 9.42	8,439	D
Common Stock	08/28/2008	S(1)	200	D	\$ 9.4275	8,239	D
Common Stock	08/28/2008	S(1)	800	D	\$ 9.43	7,439	D
Common Stock	08/28/2008	S(1)	200	D	\$ 9.46	7,239	D
Common Stock	08/28/2008	S(1)	200	D	\$ 9.29	7,039	D
Common Stock	08/28/2008	S(1)	200	D	\$ 9.295	6,839	D
Common Stock	08/28/2008	S(1)	3,500	D	\$ 9.3	3,339	D
Common Stock	08/28/2008	S <u>(1)</u>	200	D	\$ 9.32	3,139	D
Common Stock	08/28/2008	S <u>(1)</u>	300	D	\$ 9.325	2,839	D

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474 (9-02)

 $\label{thm:convergence} \begin{tabular}{ll} Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned \\ (e.g., puts, calls, warrants, options, convertible securities) \end{tabular}$

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	Transaction	orNumber	Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivativ	e	Securities	(Instr. 5)	Bene
	Derivative				Securities	3	(Instr. 3 and 4)		Owne
	Security				Acquired				Follo
					(A) or				Repo
					Disposed				Trans
					of (D)				(Instr
					(Instr. 3,				

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4, and 5)

Date Expiration Exercisable Date

Code V (A) (D)

Amount or Number of Shares

Reporting Owners

Reporting Owner Name / Address

Director 10% Owner Officer Other

AINSLIE CHARLES J

111 N. WALL STREET X Director - Golf Savings Bank
SPOKANE, WA 99201

Signatures

/s/ Daniel G. Byrne, Chief Financial
Officer
01/30/2009

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Sale transactions initiated by Mr. Ainslie were not communicated to Sterling until January of 2009. Mr. Ainslie had changed his primary (1) brokerage firm during 2008 and assumed sale communication would be made to Sterling directly from the broker. The sales were never conveyed to Sterling via the broker thus resulting in a late filing.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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