NORTHERN OIL & GAS, INC. Form SC 13D/A August 11, 2016

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SCHEDULE 13D

(Rule 13d-101)

INFORMATION TO BE INCLUDED IN STATEMENTS FILED PURSUANT TO RULE 13d-1(a) AND AMENDMENTS THERETO FILED PURSUANT TO RULE 13d-2(a)

Under the Securities Exchange Act of 1934 (Amendment No. 8)*

NORTHERN OIL AND GAS, INC.

(Name of Issuer)

Common Stock, \$0.001 par value per share

(Title of Class of Securities)

665531109

(CUSIP Number)

Paul A. Jorge

TRT Holdings, Inc.

4001 Maple Ave.

Suite 600

Dallas, Texas 75219

214-283-8500

(Name, Address and Telephone Number of Person Authorized to Receive Notices and Communications)

August 9, 2016

(Date of Event Which Requires Filing of this Statement)

If the filing person has previously filed a statement on Schedule 13G to report the acquisition that is the subject of this Schedule 13D, and is filing this schedule because of \$240.13d-1(e), 240.13d-1(f) or 240.13d-1(g), check the following box. o

Note: Schedules filed in paper format shall include a signed original and five copies of the schedule, including all exhibits. See Rule 13d-7 for other parties to whom copies are to be sent.

* The remainder of this cover page shall be filled out for a reporting person's initial filing on this form with respect to the subject class of securities, and for any subsequent amendment containing information which would alter disclosures provided in a prior cover page.

The information required on the remainder of this cover page shall not be deemed to be "filed" for the purpose of Section 18 of the Securities Exchange Act of 1934 ("Act") or otherwise subject to the liabilities of that section of the Act but shall be subject to all other provisions of the Act (however, see the Notes).

CUSIP No. 665531109

1.	Names of Reporting Persor TRT Holdings, Inc.	1:		
2.	Check the Appropriate Box (a) (b)	x if a Member of a Group (See Instructions) x o		
3.	SEC Use Only			
4.	Source of Funds (See Instructions) WC			
5.	Check if Disclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e) o			
6.	Citizenship or Place of Organization Delaware			
Number of Shares Beneficially Owned by Each Reporting Person With	7.	Sole Voting Power 6,910,221		
	8.	Shared Voting Power -0-		
	9.	Sole Dispositive Power 6,910,221		
	10.	Shared Dispositive Power -0-		
11.	Aggregate Amount Beneficially Owned by Each Reporting Person 6,910,221			
12.	Check if the Aggregate Amount in Row (11) Excludes Certain Shares (See instructions) o			
13.	Percent of Class Represented by Amount in Row (11) 10.70%			
14.	Type of Reporting Person (See Instructions) CO			

CUSIP No. 665531109

1.	Names of Reporting Person Cresta Investments, LLC	n:	
2.	Check the Appropriate Box (a) (b)	x if a Member of a Group (See Instructions) x o	
3.	SEC Use Only		
4.	Source of Funds (See Instructions) WC		
5.	Check if Disclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e) o		
6.	Citizenship or Place of Org Delaware	ganization	
	7.	Sole Voting Power	
Number of		3,947,921	
Shares Beneficially Owned by	8.	Shared Voting Power -0-	
Each Reporting Person With	9.	Sole Dispositive Power 3,947,921	
	10.	Shared Dispositive Power -0-	
11.	Aggregate Amount Beneficially Owned by Each Reporting Person 3,947,921		
12.	Check if the Aggregate Amount in Row (11) Excludes Certain Shares (See instructions) o		
13.	Percent of Class Represented by Amount in Row (11) 6.11%		
14.	Type of Reporting Person (See Instructions) OO (Limited Liability Company)		

CUSIP No. 665531109

1.	Names of Reporting Perso Cresta Greenwood, LLC	n:	
2.	Check the Appropriate Bo (a) (b)	x if a Member of a Group (See Instructions) x o	
3.	SEC Use Only		
4.	Source of Funds (See Instructions) WC		
5.	Check if Disclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e) o		
6.	Citizenship or Place of Or Delaware	ganization	
	7.	Sole Voting Power	
Number of		1,344,223	
Shares Beneficially Owned by	8.	Shared Voting Power -0-	
Each Reporting Person With	9.	Sole Dispositive Power 1,344,223	
Person with	10.	Shared Dispositive Power -0-	
11.	Aggregate Amount Beneficially Owned by Each Reporting Person 1,344,223		
12.	Check if the Aggregate Amount in Row (11) Excludes Certain Shares (See instructions) o		
13.	Percent of Class Represented by Amount in Row (11) 2.08%		
14.	Type of Reporting Person OO (Limited Liability Con		

CUSIP No. 665531109

1.	Names of Reporting Perso Robert B. Rowling	n:		
2.	Check the Appropriate Bc (a) (b)	x if a Member of a Group (See Instructions) x o		
3.	SEC Use Only			
4.	Source of Funds (See Instructions) N/A			
5.	Check if Disclosure of Legal Proceedings Is Required Pursuant to Items 2(d) or 2(e) o			
6.	Citizenship or Place of Organization United States			
Number of Shares Beneficially Owned by Each Reporting Person With	7.	Sole Voting Power 12,202,365		
	8.	Shared Voting Power -0-		
	9.	Sole Dispositive Power 12,202,365		
	10.	Shared Dispositive Power -0-		
11.	Aggregate Amount Beneficially Owned by Each Reporting Person 12,202,365			
12.	Check if the Aggregate Amount in Row (11) Excludes Certain Shares (See instructions) o			
13.	Percent of Class Represented by Amount in Row (11) 18.89%			
14.	Type of Reporting Person (See Instructions) IN			

CUSIP No. 665531109

The Schedule 13D filed on December 8, 2014 by TRT Holdings, Inc. (<u>TRT Holdings</u>), Cresta Investments, LL<u>C</u>(<u>Cresta Investments</u>), Cresta Greenwood, LLC (<u>Cresta Greenwood</u>) and Robert B. Rowling (<u>Mr. Row</u>ling and, collectively with TRT Holdings, Cresta Investments and Cresta Greenwood, the <u>Reporting Persons</u>) relating to the common stock, par value \$0.001 per share, of Northern Oil and Gas, Inc., a Minnesota corporation (the <u>Issuer</u>), as amended by Amendment No. 1 filed on January 5, 2015, Amendment No. 2 filed on December 11, 2015, Amendment No. 3 filed on January 15, 2016, Amendment No. 4 filed on January 22, 2016, Amendment No. 5 filed on February 5, 2016, Amendment No. 6 filed on February 16, 2016 and Amendment No. 7 filed on February 24, 2016 (the <u>Schedule 13D</u>), is hereby amended and supplemented as set forth below by this Amendment No. 8 to the Schedule 13D.

Item 4.

Purpose of Transaction

Item 4 of the Schedule 13D is hereby amended and supplemented with the following:

On August 9, 2016, Michael Frantz was appointed to the Issuer s board of directors. Mr. Frantz is employed as Vice President, Investments for TRT Holdings.

SIGNATURE

After reasonable inquiry and to the best of the knowledge and belief of the undersigned persons, such persons certify that the information set forth in this statement is true, complete and correct.

Dated as of: August 11, 2016

TRT Holdings, Inc.

By:

/s/ Michael G. Smith Name: Title:

Michael G. Smith Senior Vice President

Cresta Investments, LLC

By:

/s/ Michael G. Smith Name: Michael G. Smith Title: Secretary

Cresta Greenwood, LLC

By:

/s/ Michael G. Smith Name: Title:

Michael G. Smith Vice President

/s/ Robert B. Rowling Robert B. Rowling

Attention. Intentional misstatements or omissions of fact constitute federal criminal violations (see 18 U.S.C. 1001).