ALLSTATE CORP Form 8-K June 19, 2014

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

#### FORM 8-K

# CURRENT REPORT PURSUANT TO SECTION 13 OR 15(d) OF THE SECURITIES EXCHANGE ACT OF 1934

Date of Report (Date of earliest event reported): June 19, 2014

### THE ALLSTATE CORPORATION

(Exact name of registrant as specified in its charter)

**Delaware** (State or other jurisdiction of incorporation)

1-11840 (Commission File Number) **36-3871531** (IRS Employer Identification No.)

2775 Sanders Road, Northbrook, Illinois 60062

(Address of principal executive offices) (Zip Code)

Registrant s telephone number, including area code: (847) 402-5000

Check the appropriate box below if the Form 8-K filing is intended to simultaneously satisfy the filing obligation of the registrant under any of the following provisions:

0	Written communications pursuant to Rule 425 under the Securities Act (17 CFR 230.425)
0	Soliciting material pursuant to Rule 14a-12 under the Exchange Act (17 CFR 240.14a-12)
0	Pre-commencement communications pursuant to Rule 14d-2(b) under the Exchange Act (17 CFR 240.14d-2(b))
0	Pre-commencement communications pursuant to Rule 13e-4(c) under the Exchange Act (17 CFR 240.13e-4(c))

Section 7	Regulation FD
Item 7.01.	Regulation FD Disclosure.
	, 2014, the Registrant issued a press release announcing its estimated catastrophe losses for May 2014. A copy of the press release is reto as Exhibit 99 and is incorporated herein by reference. The press release is furnished and not filed pursuant to Instruction B.2 of
Section 9	Financial Statements and Exhibits
Item 9.01.	Financial Statements and Exhibits.
(d)	Exhibits
Exhibit No.	Description
99	Registrant s press release dated June 19, 2014. The press release is furnished and not filed, pursuant to Instruction B.2 of Form 8-K.
	2

#### **SIGNATURES**

Pursuant to the requirements of the Securities Exchange Act of 1934, the registrant has duly caused this report to be signed on its behalf by the undersigned hereunto duly authorized.

#### THE ALLSTATE CORPORATION

(Registrant)

By: /s/ Jennifer M. Hager Name: Jennifer M. Hager

Title: Vice President, Assistant General Counsel and

Assistant Secretary

Date: June 19, 2014