## Edgar Filing: LAMMERDING EDWARD - Form 4

### LAMMERDING EDWARD Form 4 October 10, 2001

FORM 4

#### U.S. SECURITIES AND EXCHANGE COMMISSION

FORM 4 Washington, D.C. 20549

#### STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP

Lough Check this box if no longer subject
to Section 16. Form 4 or Form 5
obligations may continue. See
Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(f) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person*				2. Issuer Name and Ticker or Trading Symbol	/ 6. Rel / Per	s
(Last) LAMMERDING,		(Middl	e)	/ ALTERNATIVE TECHNOLOGY RESOURCES, INC.	/ -X /	(Chec -X-  (giv
629 J STREE: (Street)	Г			/ 3. I.R.S. / 4. Statement for Identification / Month/Year Number of / Reporting Person,/ 09/2001 if an entity / (Voluntary) ////////////////////////////////	/	no X
SACRAMENTO,		CA	95037		/ /	
(City)		(State)	(Zip)		/ / /	

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# TABLE I - NON-DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED

<ol> <li>Title of Security 2.         (Instr. 3)</li> </ol>	Transaction Date (Mo./Day/Yr.)	3. Transact Code (Inst Code	Acq Dis	Securities quired (A) sposed of ar. 3, 4 an (A) or (D)	or (D) nd 5)	Securities Securities Beneficial Owned at E of Month (Instr.3,4
Common Stock	09/27/2001	М	 4,000	Α		
Common Stock	09/27/2001	G	 4,000	D		0

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly. \*If the form is filed by more than one reporting person, see Instruction  $4\,(b)\,(v)$ .

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FORM 4 (continued)

TABLE II - DERIVATIVE SECURITIES ACQUIRED, DISPOSED OF, OR BENEFICIALLY OWNED (e.g., puts, calls, warrants, options, convertible securities)

1.Title of Derivitive Security (Instr.3)	2.Conversion or Exercise Price of Derivitive Security	3.Trans- action Date (Mo./Day/ Yr.)	4.Trans action Code (Instr.	8)	5.Numbe of Deri Securit Aquired or Disp of (D) (Instr. A	vitive ies (A) osed 3,4,5)	Date	sable pira-		of ing	
OPTIONS TO PURCHASE COMMON STOCK	\$1.344	09/27/01	M			4,000	Immed- iately	01/02/11	l Common Stock	4,000	

Explanation of Responses:

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 $\star\star$  Intentional misstatements or omissions of facts constitute Federal Criminal Violations.

/s/ EDWARD LAMMERDING	October 9, 2001
Edward Lammerding	Date
**Signature of Reporting Person	

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure.