VAN HALL THOMAS A

Form 4

March 06, 2007

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Estimated average response... 0.5

OMB APPROVAL

Check this box if no longer subject to Section 16. Form 4 or

Form 5 obligations may continue. See Instruction 1(b).

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

SECURITIES

(Print or Type Responses)

(Last)

1. Name and Address of Reporting Person * VAN HALL THOMAS A

(First)

2. Issuer Name and Ticker or Trading Symbol

SPARTAN STORES INC [SPTN]

5. Relationship of Reporting Person(s) to

Issuer

(Middle)

3. Date of Earliest Transaction

Director

10% Owner

C/O 850 - 76TH STREET SW

(Month/Day/Year)

_X__ Officer (give title Other (specify below)

03/02/2007

Vice President of Finance

(Check all applicable)

(Street) 4. If Amendment, Date Original

Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

Person

GRAND RAPIDS, MI 49518

(City)	(State)	(Zip) Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned								
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)			5. Amount of Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
			Code V	Amount	(A) or (D)	Price	Transaction(s) (Instr. 3 and 4)			
Common Stock (1)	03/02/2007		S	100	D	\$ 22.21	47,477	D		
Common Stock (1)	03/02/2007		S	100	D	\$ 22.23	47,377	D		
Common Stock (1)	03/02/2007		S	100	D	\$ 22.29	47,277	D		
Common Stock (1)	03/02/2007		S	100	D	\$ 22.39	47,177	D		
Common Stock (1)	03/02/2007		S	100	D	\$ 22.5	47,077	D		

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Common Stock (1)	03/02/2007	S	100	D	\$ 22.54	46,977	D	
Common Stock (1)	03/02/2007	S	375	D	\$ 22.57	46,602	D	
Common Stock (1)	03/02/2007	S	100	D	\$ 22.6	46,502	D	
Common Stock (1)	03/02/2007	S	100	D	\$ 22.75	46,402	D	
Common Stock (1)	03/02/2007	S	100	D	\$ 22.77	46,302	D	
Common Stock (1)	03/02/2007	S	100	D	\$ 22.83	46,202	D	
Common Stock (1)	03/02/2007	S	100	D	\$ 22.85	46,102	D	
Common Stock (1)	03/02/2007	S	200	D	\$ 22.93	45,902	D	
Common Stock (1)	03/02/2007	S	100	D	\$ 23.1	45,802	D	
Common Stock (1)	03/02/2007	S	100	D	\$ 23.18	45,702	D	
Common Stock						9,000	I	By Wife's Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transac Code (Instr. 8	5. tionNumber of) Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	s 	ate	Amou Under Secur	rlying	8. Price of Derivative Security (Instr. 5)
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares	

9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr

SEC 1474

(9-02)

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Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

VAN HALL THOMAS A C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518

Vice President of Finance

Signatures

/s/ Gordon R. Lewis, by Power of Attorney 02/06/2007

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All of the transactions reported on this Form 4 were executed as part of a prearranged trading plan pursuant to Rule 10b5-1 promulgated under the Securities Exchange Act of 1934.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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