#### SPARTAN STORES INC

Form 4

October 20, 2006

### FORM 4

# UNITED STATES SECURITIES AND EXCHANGE COMMISSION

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

**SECURITIES** 

Washington, D.C. 20549

**OMB APPROVAL** 

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obligations may continue.

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person * VAN HALL THOMAS A			2. Issuer Name <b>and</b> Ticker or Trading Symbol SPARTAN STORES INC [SPTN]	5. Relationship of Reporting Person(s) to Issuer  (Check all applicable)			
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)			
			(Month/Day/Year)	Director 10% Owner			
C/O 850 - 76TH STREET SW			10/18/2006	X Officer (give title Other (specify below) Vice President of Finance			
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check			
GRAND RAP	PIDS, MI 49	518	Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person			

(City)	(State) (	Zip) Table	e I - Non-D	erivative	Secur	ities Acq	uired, Disposed o	f, or Beneficial	ly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactio Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)  (A) or			5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	
Common Stock	10/18/2006		Code V M	Amount 8,000	(D)	Price \$ 10.25	(Instr. 3 and 4) 55,501	D	
Common Stock	10/18/2006		M	8,572	A	\$ 16.57	64,073	D	
Common Stock	10/18/2006		F	5,226	D	\$ 20.41	58,847	D	
Common Stock	10/18/2006		S	8,572	D	\$ 19.31	50,275	D	
Common Stock	10/19/2006		S	2,774	D	\$ 19.49	47,501	D	

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By Wife's Common 13,000 I Stock Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number Transaction Derivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 10.25	10/18/2006		M	4,107	05/09/2002	05/08/2011	Common Stock	4,107
Stock Option (Right to Buy)	\$ 10.25	10/18/2006		M	3,893	05/09/2003	05/08/2011	Common Stock	4,107
Stock Option (Right to Buy)	\$ 10.25					05/09/2004	05/08/2011	Common Stock	4,107
Stock Option (Right to Buy)	\$ 10.25					05/09/2005	05/08/2011	Common Stock	4,107
Stock Option (Right to Buy)	\$ 16.57	10/18/2006		M	2,143	07/11/2002	07/10/2011	Common Stock	2,143
Stock Option (Right to	\$ 16.57	10/18/2006		M	2,143	07/11/2003	07/10/2011	Common Stock	2,143

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Buy)								
Stock Option (Right to Buy)	\$ 16.57	10/18/2006	M	2,143	07/11/2004	07/10/2011	Common Stock	2,143
Stock Option (Right to	\$ 16.57	10/18/2006	M	2,143	07/11/2005	07/10/2011	Common Stock	2,143

## **Reporting Owners**

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

VAN HALL THOMAS A C/O 850 - 76TH STREET SW GRAND RAPIDS, MI 49518

Vice President of Finance

### **Signatures**

/s/ Gordon R. Lewis, by Power of Attorney 10/20/2006

\*\*Signature of Reporting Person Date

# **Explanation of Responses:**

- \* If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- \*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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