### Edgar Filing: SPARTAN STORES INC - Form 4

SPARTAN ( Form 4	STORES INC											
August 04, 2											PROVAL	
FORM	<b>14</b> UNITED S	TATES						NGE C	OMMISSION	OMB OMB Number:	3235-0287	
Check th if no lon subject to Section 1 Form 4 of Form 5 obligation may con See Instr 1(b).	uant to S ) of the P	Washington, D.C. 20549 F CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES Section 16(a) of the Securities Exchange Act of 1934, Public Utility Holding Company Act of 1935 or Section of the Investment Company Act of 1940							Expires:January 31 2005Estimated average burden hours per response0.5			
(Print or Type	Responses)											
1. Name and Address of Reporting Person <u>*</u> EIDSON DENNIS			Symbol			Ticker or		-	5. Relationship of Reporting Person(s) to Issuer			
(Last)						RES INC	[5P	INJ	(Check all applicable)			
(1			3. Date of Earliest Transaction (Month/Day/Year) 08/02/2006						Director       10% Owner         X Officer (give title       Other (specify below)         below)       below)         Exec. VP Merchandising & Mktg.			
				Amendment, Date Original l(Month/Day/Year)					<ul> <li>6. Individual or Joint/Group Filing(Check Applicable Line)</li> <li>_X_ Form filed by One Reporting Person</li> <li> Form filed by More than One Reporting Person</li> </ul>			
(City)	(State) (	Zip)	Tabl	e I - No	n-D	erivative	Secur	ities Acqu	uired, Disposed of	, or Beneficial	ly Owned	
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	any			Pate, if Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) /Year) (Instr. 8) (A) or					6. Ownership7. Nature ofForm: DirectIndirect(D) orBeneficialIndirect (I)Ownership(Instr. 4)(Instr. 4)		
Common Stock	08/02/2006			M	v	5,000	(D) A	Price \$ 2.435	74,734	D		
Common Stock	08/02/2006			М		1,563	A	\$ 3.25	76,297	D		
Common Stock	08/02/2006			F		2,792	D	\$ 14.98	73,505	D		
Common Stock	08/03/2006			S		2,871	D	\$ 15.8	70,634	D		
Common Stock	08/03/2006			S		300	D	\$ 15.81	70,334	D		

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Common Stock	08/03/2006	S	100	D	\$ 15.82	70,234	D	
Common Stock	08/03/2006	S	100	D	\$ 15.85	70,134	D	
Common Stock	08/03/2006	S	400	D	\$ 15.92	69,734	D	
Common Stock						1,576.817	Ι	By 401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

# Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number tionof Derivative Securities ) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A)	(D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Option (Right to Buy)	\$ 2.435	08/02/2006		М		5,000	03/17/2006	03/16/2013	Common Stock	5,000
Stock Option (Right to Buy)	\$ 2.435						03/17/2007	03/16/2013	Common Stock	5,000
Stock Option (Right to Buy)	\$ 3.25	08/02/2006		М		1,563	05/12/2006	05/11/2014	Common Stock	1,563
Stock Option (Right to Buy)	\$ 3.25						05/12/2007	05/11/2014	Common Stock	1,562

8 D S (] Stock Option (Right to Buy) \$ 3.25

05/12/2008 05/11/2014 Common Stock 1,563

## **Reporting Owners**

<b>Reporting Owner Name / Address</b>	ess Relationships								
	Director	10% Owner	Officer	Other					
EIDSON DENNIS C/O 850-76TH STREET SW GRAND RAPIDS, MI 49518			Exec. VP Merchandising & Mktg.						
Signatures									
/s/ Alex J. DeYonker, by Power of Attorney		08							
<u>**</u> Signature of Reporting Person			Date						

## **Explanation of Responses:**

\* If the form is filed by more than one reporting person, see Instruction 4(b)(v).

\*\* Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.