

Howes Paul L
Form 4
March 11, 2013

FORM 4

**UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549**

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
Howes Paul L

2. Issuer Name and Ticker or Trading Symbol
NEWPARK RESOURCES INC
[NR]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Date of Earliest Transaction
(Month/Day/Year)

Director 10% Owner
 Officer (give title below) Other (specify below)

2700 RESEARCH FOREST DRIVE
SUITE 100

03/08/2013

President and CEO

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)

THE WOODLANDS, TX 77381

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	03/08/2013		M		\$ 8.08	D	
				V			
Common Stock	03/08/2013		S		\$ 9.09	D	
Common Stock	03/08/2013		S		\$ 9.1	D	
Common Stock	03/08/2013		S		\$ 9.11	D	
Common Stock	03/08/2013		S		\$ 9.1101	D	

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Common Stock	03/08/2013	S	100 ⁽¹⁾	D	\$ 9.1104	389,541	D	
Common Stock	03/08/2013	S	5,000 ⁽¹⁾	D	\$ 9.1105	384,541	D	
Common Stock	03/08/2013	S	4,008 ⁽¹⁾	D	\$ 9.12	380,533	D	
Common Stock	03/08/2013	S	2,100 ⁽¹⁾	D	\$ 9.1201	378,433	D	
Common Stock	03/08/2013	S	1,000 ⁽¹⁾	D	\$ 9.13	377,433	D	
Common Stock	03/08/2013	S	5,100 ⁽¹⁾	D	\$ 9.14	372,333	D	
Common Stock	03/08/2013	S	5,000 ⁽¹⁾	D	\$ 9.15	367,333	D	
Common Stock						25,000	I	by Trust

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Security (Instr. 3 and 4)		
				Code	V (A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Non-Qualified Stock Option (right to buy)	\$ 8.08	03/08/2013		M	31,200	⁽²⁾	03/22/2013	Common Stock	31,200

Reporting Owners

Reporting Owner Name / Address

Relationships

Director 10% Owner Officer Other

Howes Paul L

2700 RESEARCH FOREST DRIVE SUITE 100 X
THE WOODLANDS, TX 77381

President and CEO

Signatures

By: Jennifer F Wilson For: Paul L
Howes

03/11/2013

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The securities were sold pursuant to a Rule 10b5-1 Plan adopted by the Reporting Person in order to exercise an option grant which is expiring on March 22, 2013.
- (2) The shares underlying the option vested annually over three years beginning on the first anniversary of the date of grant. The option became fully exercisable on March 22, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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