HUMANA INC Form 144

December 17, 2007

UNITED STATES SECURITIES AND EXCHANGE COMMISSION										OMB APPROVAL				
Washington, D.C. 20549  FORM 144  NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933											OMB Number: 3235-0101 Expires: December 31, 2009 Estimated average burden hours per response 2.00			
ATTENTION:											SEC USE ONLY			
Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.										DOCUMENT SEQUENCE NO.				
											CUSIP NUMBER			
1 (a) NAME OF ISSUER (Please type or print) Humana Inc.  (b) (c) IRS IDENT. NO. FILE 61-0647538 NO. 1-597							WORK LOCATION							
1 (d) ADDRESS OF ISSUER STREET CITY STATE ZIP CODE								(e) TELEPHONE						
500 W	est Main						Louis	sville				AREA CODE KO2		NUMBER 580-1000 40202
WHOSE AC SECURITIES ARE TO	2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES IRS RELATIONS HIADDRESS STRE IDENT. NOTO CITY  Michael B. McCallister N/A Street Louis CEO					n	STATE ZIP CODE							
INSTRUCTION:  The person filing this notice should contact the issuer to obtain the I.R.S. identification Number and the S.E.C. File Number														
3 (a)	(b)	(c)				(d)		(e)			(f)	(g)		(g)

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Class of	Address of	USE ONL	Y Shares	Market	of	of Sale	Each
Securities	Each Broker		or Other Units	Value	Shares		Securities
To Be Sold	Through I	roker-Deale	r To Be Sold		or	(See Instr. $3(f)$ )	Exchange
	Whom the	File		(See	Other	(MO. DAY YR.)	
	Securities Are	Number	(See Instr. 3	Instr.	Units		(See instr.
	To Be Offered		(c))	3(d) (	Dutstandin	,	3 g))
	or Each						
	Market Maker				(See		
	who is				Instr.		
	Acquiring the				<i>3(e))</i>		
	Securities						
Common	Nat City		85,000	\$6,472,31	<b>6</b> 9,831,56	B December 17,	NYSE
	Investments		,	(Based	as of	2007	
	National City			on	12/14/07		
	Tower			FMV			
	101 S. Fifth			on			
	Street			12/14/07			
	Louisville, KY			of			
	40202			\$76.145)			
INSTRUCT	IONS:	3. (a	a) Title of the cla	ss of secur	ities to be s	sold	
1 (a) Name	of Iccuer	<i>(</i> 1	) Name and Ada	dress of each	h broker th	rough whom the secu	irities are inte

1. (a) Name of Issuer

Title of the

- (b) Name and Address of each broker through whom the securities are intended to
- (b) Issuer's I.R.S. Identification Number of shares or other units to be sold (if debt securities, give the aggregate
- (c) Issuer's S.E.C. file number, if any (d) Aggregate market value of the securities to be sold as of a specified date within

Number of Aggregate Number Approximate Date Name of

- (d) Issuer's address, including zip codee) Number of shares or other units of the class outstanding, or if debt securities the
- (e) Issuer's telephone number, including about the issuer

SEC

- (f) Approximate date on which the securities are to be sold (g) Name of each securities exchange, if any, on which the securities are intended t
- 2. (a) Name of person for whose account the securities are to be sold
  - (b) Such person's I.R.S. identification number, if such person is an entity
  - (c) Such person's relationship to the issuer (e.g., officer, director, 10% stockholder, or member of immediate family of any of the foregoing)
- (d) Such person's address, including zip code

Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

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#### TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor.

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of the Person from Whom Acquired (if gift, also give date donor acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common	12/17/07(1)	Stock Option Exercise	Issuer	85,000	12/17/07(1)	Stock

# INSTRUCTIONS

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

### TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS (1)

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds
N/A				

### **REMARKS:**

(1) Will receive shares on date of exercise.

INSTRUCTIONS: ATTENTION:

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See the definition of "person" in paragraph (a) of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

signed.

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed.

December 17, 2007 /s/ Michael B. McCallister

DATE OF NOTICE (SIGNATURE)

This notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

SEC 1147 (01/04)