HUMANA INC Form 144

September 12, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION									OMB APPROVAL					
SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549										OMB Number:		3235-0101		
FORM 144									Expires: 31, 2006		December			
NOTICE OF PROPOSED SALE OF SECURITIES PURSUANT TO RULE 144 UNDER THE SECURITIES ACT OF 1933									Estimated average burden hours per response 4.47					
ATTENTION:										SEC USE ONLY				
Transmit for filing 3 copies of this form concurrently with either placing an order with a broker to execute sale or executing a sale directly with a market maker.								DOCUMENT SEQUENCE NO.						
							CUSIP NUMBER							
1 (a) NAME OF ISSUER (Please type or print) (b) (c)							WORK LOCATION							
Humana Inc.							IRS IDENT. NO.		S.E FILE NO.	Ξ				
							61-06	547538	3	1	-597	.5		
1 (d) ADDRESS OF ISSUER STREET CITY STATE ZIP CODE						(e) TELEPHONE								
500 West Main Street						1	Louis	ville				AREA CKNDE 502		TUMBER 580-10000202
2 (a) NAME OF PERSON FOR WHOSE ACCOUNT THE SECURITIES ARE TO BE SOLD W. Ann Reynolds, Ph.D.				NT. N		(d) LATIONSHIADDRESS STRE SSUER CITY ctor 500 W. Main				STATE ZIP CODE				
Street				L	ouis	ville K	Y	40202						
INSTRUCTION: The person filing this notice should contact the issuer to obtain the I.R.S. identification Number and the S.E.C. File Number														
3 (a)						(f)			(g)					

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Class of Securities To Be Sold	Name and E Address of Each Broker Through Whom the Securities Are To Be Offered or Each Market Maker who is Acquiring the Securities	roker-Deale File Number	r Number of Shares or Other Units To Be Sold (See Instr. 3 (c))	Aggregate Market Value (See Instr. 3(d)	Number of Shares or Other Units Outstanding (See Instr. 3(e))	Approximate Date of Sale (See Instr. 3(f)) (MO. DAY YR.)	Name of Each Securities Exchange (See instr. 3 g))
Common	Merrill Lynch 420 N. 20 th St., Suite 2600 Birmingham, AL 35203		5,000	\$310,125 (Based on FMV on 9/11/06 of \$62.025)	165,722, as of 9/6/06	9 % eptember 12, 2006	NYSE
(c) Issuer(d) Issuer	of Issuer 's I.R.S. Identificat 's S.E.C. file numb 's address, includin	(tion Numberder, if any (december) g zip code (december) gr, including	 Number of shall Aggregate ma Number of shall areay the most rea Approximate to 	dress of each ares or other ares or other cent report date on whi	ch broker to er units to be of the secu er units of to or stateme ch the secu	sold hrough whom the securities to be sold as of the class outstanding out published by the intrities are to be sold if any, on which the	ities, give the agg a specified date or if debt securions ssuer
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TABLE I - SECURITIES TO BE SOLD

Furnish the following information with respect to the acquisition of the securities to be sold and with respect to the payment of all or any part of the purchase price or other consideration therefor.

Title of the Class	Date you Acquired	Nature of Acquisition Transaction	Name of the Person from Whom Acquired (if gift, also give date donor acquired	Amount of Securities Acquired	Date of Payment	Nature of Payment
Common	9/12/06	Stock Option Exercise	Issuer	5,000	9/12/06	Cash

INSTRUCTIONS:

If the securities were purchased and full payment therefor was not made in cash at the time of purchase, explain in the table or in a note thereto the nature of the consideration given. If the consideration consisted of any note or other obligation, or if payment was made in installments describe the arrangement and state when the note or other obligation was discharged in full or the last installment paid.

TABLE II - SECURITIES SOLD DURING THE PAST 3 MONTHS (1)

Furnish the following information as to all securities of the issuer sold during the past 3 months by the person for whose account the securities are to be sold.

Name and Address of Seller	Title of Securities Sold	Date of Sale	Amount of Securities Sold	Gross Proceeds				
N/A								
REMARKS:	REMARKS:							

INSTRUCTIONS: ATTENTION:

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See the definition of "person" in paragraph (a) 9 of Rule 144. Information is to be given not only as to the person for whose account the securities are to be sold but also as to all other persons included in that definition. In addition, information shall be given as to sales by all persons whose sales are required by paragraph (e) of Rule 144 to be aggregated with sales for the account of the person filing this notice.

The person for whose account the securities to which this notice relates are to be sold hereby represents by signing this notice that he does not know any material adverse information in regard to the current and prospective operations of the issuer of the securities to be sold which has not been publicly disclosed.

9/12/06 /s/ W. A

DATE OF NOTICE

This notice shall be signed by the person for whose account the securities are to be sold. At least one copy of the notice shall be manually signed.

Any copies not manually signed shall bear typed or printed signatures.

ATTENTION: Intentional misstatements or omission of facts constitute Federal Criminal Violations (See 18 U.S.C. 1001)

SEC 1147 (01/04)