

SWIFT ENERGY CO
Form 4
December 03, 2004

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
SWIFT VIRGIL N

(Last) (First) (Middle)

16825 NORTHCHASE DRIVE,
SUITE 400

(Street)

HOUSTON, TX 77060

(City) (State) (Zip)

2. Issuer Name and Ticker or Trading Symbol
SWIFT ENERGY CO [SFY]

3. Date of Earliest Transaction
(Month/Day/Year)
12/01/2004

4. If Amendment, Date Original Filed(Month/Day/Year)

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

Director 10% Owner
 Officer (give title below) Other (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line)

Form filed by One Reporting Person
 Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
				(A) or (D)	Price		
Common Stock	12/01/2004 ⁽¹⁾	12/01/2004	S ⁽²⁾	25 D	\$ 30.33	148,660	D
Common Stock	12/01/2004	12/01/2004	S ⁽²⁾	25 D	\$ 30.32	148,635	D
Common Stock	12/01/2004	12/01/2004	S ⁽²⁾	75 D	\$ 30.3	148,560	D
Common Stock	12/01/2004	12/01/2004	S ⁽²⁾	50 D	\$ 30.29	148,510	D
Common Stock	12/01/2004	12/01/2004	S ⁽²⁾	50 D	\$ 30.28	148,460	D

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Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	25	D	\$ 30.26	148,435	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	25	D	\$ 30.25	148,410	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	50	D	\$ 30.09	148,360	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	75	D	\$ 30.06	148,285	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	75	D	\$ 30.05	148,210	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	25	D	\$ 30.04	148,185	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	25	D	\$ 30.01	148,160	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	500	D	\$ 30	147,660	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	75	D	\$ 29.99	147,585	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	25	D	\$ 29.98	147,560	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	75	D	\$ 29.96	147,485	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	275	D	\$ 29.95	147,210	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	100	D	\$ 29.94	147,110	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	125	D	\$ 29.93	146,985	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	125	D	\$ 29.92	146,860	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	50	D	\$ 29.91	146,810	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	100	D	\$ 29.9	146,710	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	50	D	\$ 29.89	146,660	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	125	D	\$ 29.88	146,535	D
Common Stock	12/01/2004	12/01/2004	<u>S(2)</u>	75	D	\$ 29.87	146,460	D
	12/01/2004	12/01/2004	<u>S(2)</u>	250	D		146,210	D

Explanation of Responses:

* If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

(1) Due to various sales prices this report is the first of three Forms 4 filed to report the insider's transactions on December 1, 2004.

(2) The sales reported on this Form 4 were effected pursuant to a Rule 10b5-1 trading plan adopted by the reporting person on July 11, 2004.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure.

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