

Prentiss Christopher B
 Form 4
 December 26, 2018

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
 Washington, D.C. 20549

OMB APPROVAL

OMB Number: 3235-0287
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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *
 Prentiss Christopher B

2. Issuer Name and Ticker or Trading Symbol
 Adamas Pharmaceuticals Inc
 [ADMS]

5. Relationship of Reporting Person(s) to Issuer
 (Check all applicable)
 ___ Director ___ 10% Owner
 Officer (give title below) ___ Other (specify below)
 Chief Accounting Officer

(Last) (First) (Middle)
 C/O ADAMAS
 PHARMACEUTICALS, INC., 1900
 POWELL ST., SUITE 1000
 (Street)

3. Date of Earliest Transaction
 (Month/Day/Year)
 12/20/2018

EMERYVILLE, CA 94608
 (City) (State) (Zip)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Filing(Check Applicable Line)
 Form filed by One Reporting Person
 ___ Form filed by More than One Reporting Person

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)	
				(A) or (D)	Price			
				Code	V	Amount	\$	
Common Stock	12/20/2018		S ⁽¹⁾	228	D	7.51	18,226 ⁽³⁾	D
						<u>(2)</u>		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474
 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	8. Price of Derivative Security (Instr. 5)	9. Nu Deriv Secur Bene Own Follo Repo Trans (Instr
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Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Prentiss Christopher B C/O ADAMAS PHARMACEUTICALS, INC. 1900 POWELL ST., SUITE 1000 EMERYVILLE, CA 94608			Chief Accounting Officer	

Signatures

/s/Alfred Merriweather, 12/26/2018
Attorney-in-fact Date

Signature of Reporting Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Pursuant to the mandatory sale to cover withholding tax requirements of the issuer's equity incentive plan, the shares were sold to cover the tax obligation realized upon the vesting of restricted stock units.
- (2) The shares were sold at prices ranging from \$7.50 to \$7.51. The reporting person will provide upon request to the SEC, the issuer or security holder of the issuer, full information regarding the number of shares sold at each separate price.
- (3) Includes 696 shares purchased on 5/31/18 through the issuer's employee stock purchase plan.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number. /b>0.00SharesPreferred13,696.000.00

Final Balance				
Securities/Derivatives	Securities Characteristics	Quantity	% Same Class and Type	% Total
Shares	Common	13,694	0.00	0.00
Shares	Preferred	13,696	0.00	0.00

CONSOLIDATED FORM
Management and Related Persons' Negotiation of Securities Issued by the Company
Article 11 CVM Instruction # 358/2002

In February 2003, did not occur operations with securities and derivatives as presented below, in compliance with Article 11 CVM Instruction # 358/2002:

Company Name: Brasil Telecom S.A.					
Group and Related Persons	() Board of Directors	(X) Management	() Fiscal Board	() Technical and Consulting Committees	
Initial Balance					
Securities/Derivatives	Securities Characteristics	Quantity	% Same Class and Type	% Total	
Shares	Common	39	0.00	0.00	
Shares	Preferred	273	0.00	0.00	
Final Balance					
Securities/Derivatives	Securities Characteristics	Quantity	% Same Class and Type	% Total	
Shares	Common	39	0.00	0.00	
Shares	Preferred	273	0.00	0.00	

CONSOLIDATED FORM
Management and Related Persons' Negotiation of Securities Issued by the Company
Article 11 CVM Instruction # 358/2002

In February 2003, did not occur operations with securities and derivatives as presented below, in compliance with Article 11 CVM Instruction # 358/2002:

Company Name: Brasil Telecom Participações S.A.					
Group and Related Persons	() Board of Directors	(X) Management	() Fiscal Board	() Technical and Consulting Committees	
Initial Balance					
Securities/Derivatives	Securities Characteristics	Quantity	% Same Class and Type	% Total	
Shares	Common	5,513	0.00	0.00	
Shares	Preferred	2,005,132	0.00	0.00	
Final Balance					
Securities/Derivatives	Securities Characteristics	Quantity	% Same Class and Type	% Total	
Shares	Common	5,513	0.00	0.00	
Shares	Preferred	2,005,132	0.00	0.00	

SIGNATURE

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, thereto duly authorized.

Date: March 13, 2003

BRASIL TELECOM S.A.

By: /s/ CARLA CICO

Name: Carla Cico

Title: President and Chief Executive Officer