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ZWEIG TOTAL RETURN FUND INC
Form N-Q
May 26, 2006

UNITED STATES
SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

FORM N-Q

QUARTERLY SCHEDULE OF PORTFOLIO HOLDINGS OF REGISTERED
MANAGEMENT INVESTMENT COMPANY

Investment Company Act file number 811-05620

The Zweig Total Return Fund, Inc.

(Exact name of registrant as specified in charter)

900 Third Avenue
New York, NY 10022

(Address of principal executive offices) (Zip code)

Kevin J. Carr, Esq.
Chief Legal Officer and Secretary for
Registrant
Phoenix Life Insurance Company
One American Row
Hartford, CT 06103-2899

John H. Beers, Esq.
Vice President and Secretary
Phoenix Life Insurance Company
One American Row
Hartford, CT 06103-2899

(Name and address of agent for service)

Registrant's telephone number, including area code: 800-272-2700

Date of fiscal year end: December 31

Date of reporting period: March 31, 2006

Form N-Q is to be used by management investment companies, other than small business investment companies registered on Form N-5 (Sections 239.24 and 274.5 of this chapter), to file reports with the Commission, not later than 60 days after the close of the first and third fiscal quarters, pursuant to rule 30b1-5 under the Investment Company Act of 1940 (17 CFR 270.30b1-5). The Commission may use the information provided on Form N-Q in its regulatory, disclosure review, inspection, and policymaking roles.

A registrant is required to disclose the information specified by Form N-Q, and the Commission will make this information public. A registrant is not required to respond to the collection of information contained in Form N-Q unless the Form displays a currently valid Office of Management and Budget ("OMB") control number. Please direct comments concerning the accuracy of the information collection burden estimate and any suggestions for reducing the burden to the Secretary, Securities and Exchange Commission, 100 F Street, NE, Washington, DC 20549. The OMB has reviewed this collection of information under the clearance requirements of 44 U.S.C. Section 3507.

Item 1. Schedule of Investments.

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The Schedule of Investments is attached herewith.

THE ZWEIG TOTAL RETURN FUND, INC.

SCHEDULE OF INVESTMENTS AND SECURITIES SOLD SHORT

March 31, 2006
(Unaudited)

	Par (000's)	Value
	-----	-----
INVESTMENTS		
U.S. GOVERNMENT SECURITIES	52.71%	
U.S. TREASURY BONDS -- 27.73%		
U.S. Treasury Bond 6.125%, 11/15/27/(d)(e)/.....	\$ 17,500	\$ 19,922,665
U.S. Treasury Bond 6.375%, 8/15/27/(e)/.....	11,500	13,446,019
U.S. Treasury Bond 7.50%, 11/15/16.....	20,000	24,167,180
U.S. Treasury Bond 8.75%, 5/15/17.....	22,000	29,034,852
U.S. Treasury Bond 8.875%, 2/19/19.....	15,000	20,419,920
U.S. Treasury Bond 9.25%, 2/15/16/(e)/.....	20,000	26,712,500

		133,703,136

U.S. TREASURY NOTES -- 24.98%		
U.S. Treasury Inflation Indexed Note 1.625%, 1/15/15/(h)/.....	27,000	26,455,069
U.S. Treasury Note 3.50%, 11/15/06/(e)/.....	40,000	39,662,480
U.S. Treasury Note 3%, 2/15/08/(e)/.....	38,000	36,757,590
U.S. Treasury Note 4%, 11/15/12/(e)/.....	18,500	17,608,245

		120,483,384

Total U.S. Government Securities (Identified Cost \$260,476,772).....		254,186,520

AGENCY NON-MORTGAGE BACKED SECURITIES	5.30 %	
FNMA 3.15%, 5/28/08 (Identified Cost \$26,627,186).	26,570	25,544,106

	Number of Shares	

DOMESTIC COMMON STOCKS	30.45%	
CONSUMER DISCRETIONARY -- 3.48%		
Abercrombie & Fitch Co.....	44,000	2,565,200
CBS Corp. Class B.....	120,000	2,877,600
Nike, Inc. Class B.....	30,000	2,553,000
Gap, Inc. (The).....	140,000	2,615,200
McDonald's Corp.....	92,000	3,161,120
Newell Rubbermaid, Inc.....	78,000	1,964,820
Viacom, Inc. Class B.....	27,000	1,047,600

		16,784,540

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See notes to schedule of investments and securities sold short

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	Number of Shares	Value
	-----	-----
CONSUMER STAPLES -- 3.18%		
Archer-Daniels-Midland Co.....	74,000	\$ 2,490,100
Costco Wholesale Corp.....	57,000	3,087,120
Kimberly-Clark Corp.....	64,000	3,699,200
PepsiCo, Inc./ (d) /.....	57,000	3,294,030
Procter & Gamble Co.....	48,000	2,765,760

		15,336,210

ENERGY -- 2.18%		
ConocoPhillips.....	49,000	3,094,350
Halliburton Co.....	32,000	2,336,640
Occidental Petroleum Corp.....	30,000	2,779,500
Valero Energy Corp.....	38,000	2,271,640

		10,482,130

FINANCIALS -- 8.02%		
Allstate Corp.....	62,000	3,230,820
Bank of America Corp./ (d) /.....	100,000	4,554,000
Goldman Sachs Group, Inc.....	17,000	2,668,320
Huntington Bancshares, Inc.....	186,000	4,488,180
JPMorgan Chase & Co.....	86,000	3,581,040
Merrill Lynch & Co., Inc.....	32,000	2,520,320
Morgan Stanley.....	49,000	3,078,180
New York Community Bancorp, Inc./ (e) /.....	209,000	3,661,680
PNC Financial Services Group, Inc.....	48,000	3,230,880
Wachovia Corp.....	80,000	4,484,000
Wells Fargo & Co.....	50,000	3,193,500

		38,690,920

HEALTH CARE -- 3.97%		
Amgen, Inc./ (b) /.....	34,000	2,473,500
Bristol-Myers Squibb Co.....	192,000	4,725,120
Gilead Sciences, Inc./ (b) /.....	40,000	2,488,800
Merck & Co., Inc.....	103,000	3,628,690
Pfizer, Inc.....	135,000	3,364,200
UnitedHealth Group, Inc.....	44,000	2,457,840

		19,138,150

INDUSTRIALS -- 3.30%		
AMR Corp./ (b) (e) /.....	93,000	2,515,650
Boeing Co. (The).....	41,000	3,195,130
Continental Airlines, Inc. Class B/ (b) (e) /	86,000	2,313,400
General Electric Co./ (d) /.....	90,000	3,130,200
L-3 Communications Holdings, Inc./ (d) /.....	21,000	1,801,590

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Norfolk Southern Corp.....	55,000	2,973,850

		15,929,820

See notes to schedule of investments and securities sold short

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	Number of Shares	Value
	-----	-----
INFORMATION TECHNOLOGY -- 4.73%		
Cisco Systems, Inc./ (b)/.....	118,000	\$ 2,557,060
Dell, Inc./ (b)/.....	73,000	2,172,480
EMC Corp./ (b)/.....	190,000	2,589,700
Hewlett-Packard Co.....	82,000	2,697,800
Intel Corp.....	82,000	1,586,700
International Business Machines Corp.....	32,000	2,639,040
Microsoft Corp.....	108,000	2,938,680
QUALCOMM, Inc.....	58,000	2,935,380
Verisign, Inc./ (b)/.....	111,000	2,662,890

		22,779,730

MATERIALS -- 1.59%		
Dow Chemical Co./ (d)/.....	96,000	3,897,600
Freeport McMoran Copper & Gold, Inc. Class B (Indonesia).....	63,000	3,765,510

		7,663,110

Total Domestic Common Stocks (Identified Cost \$125,564,608).....		146,804,610

FOREIGN COMMON STOCKS/ (c)/ 4.07%		
CONSUMER DISCRETIONARY -- 1.06%		
Honda Motor Co., Ltd. ADR (Japan)/ (d)/.....	80,000	2,476,800
Sony Corp. ADR (Japan).....	57,000	2,625,990

		5,102,790

FINANCIALS -- 0.73%		
Deutsche Bank AG (Germany).....	31,000	3,541,440
HEALTH CARE -- 0.63%		
Sanofi-Aventis Sponsored ADR (France).....	64,000	3,036,800
INFORMATION TECHNOLOGY -- 1.65%		
Amdocs Ltd. (United States)/ (b)/.....	57,000	2,055,420
Nokia Oyj ADR (Finland).....	148,000	3,066,560
Seagate Technology (Singapore)/ (b)/.....	109,000	2,869,970

		7,991,950

Total Foreign Common Stocks (Identified Cost \$15,088,508).....		19,672,980

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See notes to schedule of investments and securities sold short

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	Number of Shares	Value
	-----	-----
EXCHANGE TRADED FUNDS	1.32%	
iShares MSCI Japan Index Fund/(e)/.....	101,000	\$ 1,454,400
NASDAQ-100 Shares/(e)/.....	117,000	4,906,980

Total Exchange Traded Funds (Identified Cost \$5,634,542)		6,361,380

Total Long Term Investments -- 93.85% (Identified Cost \$433,391,616).....		452,569,596

SHORT-TERM INVESTMENTS	18.55%	
MONEY MARKET MUTUAL FUNDS -- 13.13%		
State Street Navigator Prime Plus (4.71% seven day effective yield)/(f) / (Identified Cost \$63,315,541).....	63,315,541	63,315,541

	Par (000's)	

FEDERAL AGENCY SECURITIES -- 3.10%		
FNMA 4.375%, 10/15/06 (Identified Cost \$14,951,550).....	\$ 15,000	14,945,565
COMMERCIAL PAPER/(g)/ -- 2.32%		
Goldman Sachs & Co., Inc. 4.87%, 4/3/06.....	2,200	2,199,405
Rabobank USA 4.83%, 4/3/06.....	9,000	8,997,585

Total Commercial Paper (Identified Cost \$11,196,990)...		11,196,990

Total Short-Term Investments (Identified Cost \$89,464,081).....		89,458,096

Total Investments (Identified Cost \$522,855,697) -- 112.40%.....		542,027,692/(a) /
Securities Sold Short (Proceeds \$8,144,766) -- (2.22)%.		(10,710,480)
Other Assets Less Liabilities -- (10.18)%.....		(49,080,161)

Net Assets -- 100.00%.....		\$482,237,051
		=====

(a) Federal Tax information: Net unrealized appreciation of investment securities is comprised of gross appreciation of \$28,680,497 and gross depreciation of \$13,321,291 for federal income tax purposes. At March 31, 2006, the aggregate cost of securities for federal income tax purposes was \$526,668,486.

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- (b) Non-income producing.
- (c) Common stock is considered to be foreign if the security is issued in a foreign country. The country of risk, noted parenthetically, is determined based on criteria in Note 1D "Foreign security country determination" in the Notes to Schedule of Investments and Securities Sold Short.
- (d) Position, or a portion thereof, has been segregated to collateralize for securities sold short.
- (e) All or a portion of security is on loan.
- (f) Represents security purchased with cash collateral for securities on loan.
- (g) The rate shown is the discount rate.
- (h) Principal amount is adjusted daily pursuant to the change in the Consumer Price Index.

See notes to schedule of investments and securities sold short

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	Number of Shares	Value
	-----	-----
SECURITIES SOLD SHORT		
DOMESTIC COMMON STOCKS	1.43%	
CONSUMER DISCRETIONARY --	1.43%	
American Eagle Outfitters, Inc.	167,000	\$ 4,986,620
Wendy's International, Inc.....	31,000	1,923,860

Total Domestic Common Stocks		
(Proceeds \$5,100,575).....		6,910,480

EXCHANGE TRADED FUNDS	0.79%	
iShares Russell 2000 Index Fund		
(Proceeds \$3,044,191).....	50,000	3,800,000

Total Securities Sold Short		
(Proceeds \$8,144,766).....		\$10,710,480/(i)/
		=====

-
- (i) Federal Tax information: Net unrealized depreciation of securities sold short is comprised of gross appreciation of \$0 and gross depreciation of \$2,565,714 for federal income tax purposes. At March 31, 2006, the aggregate proceeds of securities sold short for federal tax purposes was (\$8,144,766).

See notes to schedule of investments and securities sold short

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THE ZWEIG TOTAL RETURN FUND, INC.

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NOTES TO SCHEDULE OF INVESTMENTS AND SECURITIES SOLD SHORT

March 31, 2006
(Unaudited)

NOTE 1 -- SIGNIFICANT ACCOUNTING POLICIES

The following is a summary of significant accounting policies consistently followed by the Zweig Total Return Fund, Inc. (the "Fund") in the preparation of the Schedule of Investments and Securities Sold Short. The preparation of the Schedule of Investments and Securities Sold Short in conformity with accounting principles generally accepted in the United States of America requires management to make estimates and assumptions that affect the reported amounts of assets and liabilities, and disclosure of contingent assets and liabilities at the date of the Schedule of Investments and Securities Sold Short. Actual results could differ from those estimates.

A. Security Valuation

Equity securities are valued at the official closing price (typically last sale) on the exchange on which the securities are primarily traded, or if no closing price is available, at the last bid price.

Debt securities are valued on the basis of broker quotations or valuations provided by a pricing service, which in determining value utilizes information with respect to recent sales, market transactions in comparable securities, quotations from dealers, and various relationships between securities in determining value.

As required, some securities and assets may be valued at fair value as determined in good faith by or under the direction of the Directors.

Certain foreign common stocks may be fair valued in cases where closing prices are not readily available or are deemed not reflective of readily available market prices. For example, significant events (such as movement in the U.S. securities market, or other regional and local developments) may occur between the time that foreign markets close (where the security is principally traded) and the time that the Fund calculates its net asset value (generally, the close of the NYSE) that may impact the value of securities traded in these foreign markets. In these cases, information from an external vendor may be utilized to adjust closing market prices of certain foreign common stocks to reflect their fair value. Because the frequency of significant events is not predictable, fair valuation of certain foreign common stocks may occur on a frequent basis.

Short-term investments having a remaining maturity of 60 days or less are valued at amortized cost, which approximates market.

B. Security Transactions and Related Income

Security transactions are recorded on the trade date. Dividend income is recorded on the ex-dividend date, or in the case of certain foreign securities, as soon as the Fund is notified. Interest income is recorded on the accrual basis. The Fund amortizes premiums and accretes discounts using the effective interest method. Realized gains and losses are determined on the identified cost basis.

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C. Foreign Currency Translation

Foreign securities and other assets and liabilities are valued using the foreign currency exchange rate effective at the end of the reporting period. Cost of investments is translated at the currency exchange rate effective at the trade date.

D. Foreign Security Country Determination

A combination of the following criteria is used to assign the countries of risk listed in the schedule of investments and securities sold short: country of incorporation, actual building address, primary exchange on which the security is traded and country in which the greatest percentage of company revenue is generated.

E. Short Sales

A short sale is a transaction in which the Fund sells a security it does not own in anticipation of a decline in market price. To sell a security short, the Fund must borrow the security. The Fund's obligation to replace the security borrowed and sold short will be fully collateralized at all times by the proceeds from the short sale retained by the broker and by cash and securities deposited in a segregated account with the Fund's custodian. If the price of the security sold short increases between the time of the short sale and the time the Fund replaces the borrowed security, the Fund will realize a loss, and if the price declines during the period, the Fund will realize a gain. Any realized gain will be decreased, and any realized loss increased, by the amount of transaction costs. On ex-dividend date, dividends on short sales are recorded as an expense to the Fund. At March 31, 2006, the value of securities sold short amounted to \$10,710,480 against which collateral of \$25,660,792 was held. The collateral includes the deposits with the broker for securities held short and the value of the segregated investments held long, as shown in the Schedule of Investments and Securities Sold Short. Short selling used in the management of the Fund may accelerate the velocity of potential losses if the prices of securities sold short appreciate quickly. Stocks purchased may decline in value at the same time stocks sold short may appreciate in value, thereby increasing potential losses.

F. Security Lending

The Fund loans securities to qualified brokers through an agreement with State Street Bank (the "Custodian") and the Fund. Under the terms of the agreement, the Fund receives collateral with a market value not less than 100% of the market value of loaned securities. Collateral is adjusted daily in connection with changes in the market value of securities on loan. Collateral consists of cash, securities issued or guaranteed by the U.S. Government or its agencies and the sovereign debt of foreign countries. Cash collateral has been invested in short-term money market funds. Dividends earned on the collateral and premiums paid by the borrower are recorded as income by the Fund net of fees and rebates charged by the Custodian for its services in connection with this securities lending program. Lending portfolio securities involves a risk of delay in the recovery of the loaned securities or in the foreclosure on collateral.

NOTE 2 -- CREDIT RISK AND ASSET CONCENTRATIONS

In countries with limited or developing markets, investments may present greater risks than in more developed markets and the prices of such investments may be volatile. The consequences of political, social or economic changes in these markets may have disruptive effects on the market prices of these investments and the income they generate, as well as a Fund's ability to

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following persons on behalf of the registrant and in the capacities and on the dates indicated.

By (Signature and Title)* /s/ Daniel T. Geraci

Daniel T. Geraci, President and
Chief Executive Officer
(principal executive officer)

Date May 25, 2006

By (Signature and Title)* /s/ Nancy G. Curtiss

Nancy G. Curtiss, Treasurer
(principal financial officer)

Date May 24, 2006

* Print the name and title of each signing officer under his or her signature.