RYANAIR HOLDINGS PLC Form 6-K June 25, 2009

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of June 2009

RYANAIR HOLDINGS PLC

(Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office Dublin Airport County Dublin Ireland

(Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ..X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-_____

SCHEDULE 11

Notification of Transactions of Directors/Persons Discharging Managerial Responsibility and Connected Persons

This form is intended for use by an issuer to make a RIS notification required by the Market Abuse Rules and section 53 (as extended by section 64 of the Companies Act 1990) or entered into the issuer's register in accordance with section 59 of the Companies Act 1990.
(1) An issuer making a notification in respect of a transaction relating to the shares or debentures of the issuer should complete boxes 1 to 16, 23 and 24.
(2) An issuer making a notification in respect of a derivative relating to the shares of the issuer should complete boxes 1 to 4, 6, 8, 13, 14, 16, 23 and 24.
(3) An issuer making a notification in respect of options granted to a director/person discharging managerial responsibilities should complete boxes 1 to 3 and 17 to 24.
(4) An issuer making a notification in respect of a financial instrument relating to the shares of the issuer (other than a debenture) should complete the boxes 1 to 4, 6, 8, 9, 11, 13, 14, 16, 23 and 24.

All relevant boxes should be completed in block capital letters

2 State whether the notification relates to: 1 Name of the Issuer RYANAIR HOLDINGS PLC (i) a transaction notified in accordance with Market Abuse Rules; (ii) a disclosure made in accordance with section 53 (as extended by section 64 of the Companies Act 1990) or entered into the issuer's register in accordance with section 59 of the Companies Act 1990; or (iii) both (i) and (ii). (iii) 3 Name of person discharging managerial responsibilities/director 4 State whether notification relates to a person connected with a person discharging managerial responsibilities/director named in 3 and identify the connected person Klaus Kirchberger Not applicable 5 Indicate whether the notification is in respect of a holding of the Description of shares (including class) debentures or derivatives or person referred to in 3 or 4 above or in respect of a non-beneficial financial instruments relating to shares interest **ORDINARY SHARES** Person referred to in 3 7 Name of registered shareholder(s) and, if more than one, number of 8 State the nature of the transaction shares held by each of them EXERCISE OF SHARE OPTIONS AND SALE OF ORDINARY Klaus Kirchberger **SHARES** 9 Number of shares, debentures or financial instruments relating to 10 Percentage of issued class acquired (treasury shares of that class should shares acquired not be taken into account when calculating percentage) 50,000 Not applicable 11 Number of shares, debentures or financial instruments relating to 12 Percentage of issued class disposed (treasury shares of that class should not be taken into account when calculating percentage) shares disposed 50,000 N/A 13 Price per share or value of transaction 14 Date and place of transaction Exercise price of share options: €2.825 ISE - 19/06/09 Disposal price of ordinary shares: €3.37 15 Total holding following notification and total percentage holding 16 Date issuer informed of transaction following notification (any treasury shares should not be taken into account when calculating percentage) 24/06/09

Not applicable

If a person discharging managerial responsibilities has been granted options by the issuer, complete the following boxes:

17 Date of grant	18 Period during which or date on which it can be exercised
19 Total amount paid (if any) for grant of the option	20 Description of shares or debentures involved (class and number)
21 Exercise price (if fixed at time of grant) or indication that the price is to be fixed at the time of exercise	22 Total number of shares or debentures over which options are held following notification
23 Any additional information	24 Name of contact and telephone number for queries
	Juliusz Komorek- 01 812 1212
Name and signature of duly designated officer of issuer responsible for	making notification
Juliusz Komorek Company Secretary	
Date of notification <u>25/06/09</u>	

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date:	25	Inne	2000
Date:	23	June	2009

By:___/s/ Juliusz Komorek____

Juliusz Komorek Company Secretary