RYANAIR HOLDINGS PLC Form 6-K November 08, 2005

SECURITIES AND EXCHANGE COMMISSION

Washington, D.C. 20549

FORM 6-K

Report of Foreign Private Issuer

Pursuant to Rule 13a-16 or 15d-16 of the Securities Exchange Act of 1934

For the month of November 2005

RYANAIR HOLDINGS PLC (Translation of registrant's name into English)

c/o Ryanair Ltd Corporate Head Office Dublin Airport County Dublin Ireland (Address of principal executive offices)

Indicate by check mark whether the registrant files or will file annual reports under cover Form 20-F or Form 40-F.

Form 20-F..X.. Form 40-F.....

Indicate by check mark whether the registrant by furnishing the information contained in this Form is also thereby furnishing the information to the Commission pursuant to Rule 12g3-2(b) under the Securities Exchange Act of 1934.

Yes No ...X..

If "Yes" is marked, indicate below the file number assigned to the registrant in connection with Rule 12g3-2(b): 82-_____

Ryanair Holdings Plc

08th November 2005

Re: Holding in Company

A Letter from The Capital Group Companies, Inc dated 7th November 2005 to Ryanair Holdings Plc, received by Ryanair Holdings Plc on the 07 November 2005.

Re: Section 67 Notification

Please find enclosed a Notification of interests filed pursuant to Section 67 of the Companies Act, 1990. This Notice is filed by The Capital Group Companies, Inc. ("CGC").

The Capital Group Companies, Inc. ("CGC") is a holding company for several subsidiary companies engaged in investment management business. The investment management business is divided into two operational groups, represented by Capital Research and Management Company ("CRMC") and Capital Group International, Inc, ("CGII"). CRMC is a U.S. - based investment adviser that manages The American Funds Group of mutal Funds, CGII is the parent company of five companies that serve as investment managers to various institutional clients around the globe; Capital Guardian Trust Company in the U.S. Capital International, Inc. in the U.S. and Singapore, Capital International Limited in the United Kingdom, Capital International S.A. in Switzerland and Capital International K.K. in Japan. For a more complete description of our organization, please visit our Web site at www.capgroup.com.

Neither CGC nor any of its subsidiaries own shares of your company for their own account. Rather, the shares reported in this Notification are owned by accounts under the discretionary investment management of one or more of the investment management companies described above. Furthermore, CRMC and CGII act separately from one another and from CGC in exercising investment discretion over their managed accounts.

For the purposes of this Notification an outstanding share balance of 763,409,133 shares was used to calculate the percentages of holdings of the relevant share capital which determine the notifiable interest. We believe this outstanding share balance is current; however, if this number is not accurate, please contact us soon as possible so we may make the necessary revisions to this Notification.

Notification of Interests

(Section 67 Companies Act 1990)

This Notice is given by The Capital Group Companies, Inc. on behalf of its affiliates, including Capital Research and Management Company, Capital International, Inc., Capital International S.A., Capital Guardian Trust Company, and Capital International Limited, pursuant to Section 67 of the Companies Act, 1990.

The interest in the relevant share capital indicated below arises by virtue of holdings attributed to the Companies (see Schedule A). These holdings form part of funds managed on behalf of investment clients by the Companies.

Share capital to which this relates:

Ordinary Shares (including ADRs)

Number of shares in which the Companies have a notifiable interest:

38,358,928 Ordinary Shares (including ADRs)

Name(s) of registered holder(s):

See Schedule B

Should you have questions or require additional information, please contact Greg Dickinson or Gina Martinez at (213) 615-0469, or send a fax message to (213) 486-9698. Alternatively, you may contact us via E-mail at GRGroup@capgroup.com.

Regards

Greg Dickinson Compliance Associates

As of 04 November 2005

Ryanair Holdings Plc

Schedule B

Schedule of holdings in Ryanair Holdings, Plc

As of 04 November 2005

CAPITAL GUARDIAN TRUST COMPANY

Registered NameLocal SharesCede & Co6,887,00055 Water Street6,887,000New York, NY 100061,540,200Allied Irish Bank, Stock Exchange and Trust Services1,540,200Bank Centre, P.O.Box 512Dublin, BallsbridgeTotal8,427,200

Schedule B

CAPITAL INTERNATIONAL LIMITED

Registered Name Bank of New York Nominees Bank of New York 3 Birchin Lane London EC3V 9BY

Northern Trust C/O NorTrust Nominees Limited 155 Bishopsgate London EC2M 3XS Local Shares 862,895

484,533

Chase Nominees Limited Woolgate House Coleman Street London EC2P 2HD	35,400
Cede & Co 55 Water Street New York NY 10006	742,990
Citibank London 11 Old Jewry London EC2R 8D8 UK	90,230
Nortrust Nominees 155 Bishopsgate London EC2M 3XS United Kingdom	75,134
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	971,245
Allied Irish Bank Plc Stock Exchange and Trust Services Bank Centre, P.O. Box 512 Ballsbridge, Dublin 4	1,087,543
State Street London Ltd 12-13 Nicholas Ln London EC4N 78N UK	10,000
MSS Nominees Limited Midland Bank Plc Mariner House, Pepys London EC3N 4DA	80,900
State Street Bank & Trust Co	421,886
Deutsche Bank AG 23 Great Winchester Street London EC2P 2AX United Kingdom	13,300
Mellon Bank N.A. London Branch London United Kingdom	9,800
Alibank Nominees Limited Allied Irish Bank Stock Exchange and Trust Services Bank Centre PO Box 512	996,043

Citibank N.A. (Ireland) IFSC House Custom House Quay Dublin 1	117,400
Bank of Ireland Nominees Limited Bank of Ireland International Financial Services Center 1 Harbourmaster Place	957 , 100
Citibank N.A. (Dublin) IFSC House Custom House Quay Dublin 1	48,500
AIB Custodial Nominees Limited	131,300
Clydesdale Bank Plc	486,346
JP Morgan Chase Bank	249,860
Total	7,872,405

Capital International S.A

Registered Name	Local Shares
Cede & Co 55 Water Street New York NY 10006	1,946,135
Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place Dublin 1	11,400
Bank of Ireland Nominees Limited Bank of Ireland Intl Financial Services Centre 1 Harbourmaster Place	118,100
Citibank N.A (Dublin) IFSC House Custom House Quay Dublin 1	29,600
Total	2,105,235

Schedule B

Capital International, Inc

Registered Name	Local Shares
Cede & Co 55 Water Street New York, NY 10006	1,101,000
Alibank Nominees Limited Allied Irish Bank Stock Exchange and Trust Services Bank Centre P.O. Box 512 Dublin Ballsbridge	160,088
Total	1,261,088

Schedule B

Capital Research and Management Company

Registered Name

Cede & Co 55 Water Street New York, NY 10006 Local Shares 18,693,000

18,693,000

Schedule A

The Capital Group Companies, Inc ("CG") holdings

	Number of Shares	Percent of Outstanding
The Captial Group Companies, Inc. ("CG") holdings	38,358,928	5.025%
Holdings by CG Management Companies and Funds:		
Capital Gurardian Trust Company	8,427,200	1.104%
Capital International Limited	7,872,405	1.031%
Capital International S.A.	2,105,235	0.276%
Capital International, Inc.	1,261,088	0.165%
Capital Research and Management Company	18,693,000	2.449%

SIGNATURES

Pursuant to the requirements of the Securities Exchange Act of 1934, the Registrant has duly caused this report to be signed on its behalf by the undersigned, hereunto duly authorized.

RYANAIR HOLDINGS PLC

Date: 08 November 2005

By:___/s/ Howard Millar____

H Millar Company Secretary & Finance Director