

Flessor Thomas N.
Form 3
May 13, 2013

FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934,
Section 17(a) of the Public Utility Holding Company Act of 1935 or Section
30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person *		2. Date of Event Requiring Statement	3. Issuer Name and Ticker or Trading Symbol	
Flessor Thomas N.		(Month/Day/Year)	QUALITY DISTRIBUTION INC [QLTY]	
(Last)	(First)	05/01/2013		
4041 PARK OAKS BOULEVARD, SUITE 200			4. Relationship of Reporting Person(s) to Issuer	5. If Amendment, Date Original Filed(Month/Day/Year)
(Street)				
TAMPA, FL 33610			(Check all applicable)	
(City)	(State)	(Zip)	<input type="checkbox"/> Director	<input type="checkbox"/> 10% Owner
			<input checked="" type="checkbox"/> Officer	<input type="checkbox"/> Other
			(give title below) (specify below)	
			Pres of QC Energy Resources	
			6. Individual or Joint/Group Filing(Check Applicable Line)	
			<input checked="" type="checkbox"/> Form filed by One Reporting Person	
			<input type="checkbox"/> Form filed by More than One Reporting Person	

Table I - Non-Derivative Securities Beneficially Owned

1. Title of Security (Instr. 4)	2. Amount of Securities Beneficially Owned (Instr. 4)	3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nature of Indirect Beneficial Ownership (Instr. 5)
Common Stock	12,050	D	

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)	2. Date Exercisable and Expiration Date (Month/Day/Year)	3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)	4. Conversion or Exercise Price of Derivative Security	5. Ownership Form of Derivative Security: Direct (D)	6. Nature of Indirect Beneficial Ownership (Instr. 5)
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	Date Exercisable	Expiration Date		Amount or Number of Shares		or Indirect (I) (Instr. 5)	
Employee Stock Option (right to buy)	Â (1)	06/21/2020	Common Stock	18,750	\$ 5.49	D	Â
Employee Stock Option (right to buy)	Â (2)	01/21/2021	Common Stock	10,000	\$ 9.66	D	Â
Employee Stock Option (right to buy)	Â (3)	02/13/2022	Common Stock	3,950	\$ 12.82	D	Â
Employee Stock Option (right to buy)	Â (4)	01/02/2023	Common Stock	7,400	\$ 6.48	D	Â
Employee Stock Option (right to buy)	Â (5)	04/04/2023	Common Stock	5,000	\$ 7.93	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
Flessor Thomas N. 4041 PARK OAKS BOULEVARD, SUITE 200 TAMPA, FL 33610	Â	Â	Â Pres of QC Energy Resources	Â

Signatures

/s/ John T. Wilson,
attorney-in-fact

05/13/2013

__Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. *See* 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) One-third of the options vested on June 21, 2013 and the remaining options vest in two equal installments on June 21, 2013 and 2014.
- (2) The options vest ratably over 4 years on each anniversary of the grant date. The first two installments vested on January 21, 2012 and 2013 and the remaining options vest in two equal installments on January 21, 2014 and 2015.
- (3) The options vest ratably over 4 years on each anniversary of the grant date. The first installment vested on February 13, 2013 and the remaining options vest in three equal installments on February 13, 2014, 2015 and 2016.
- (4) The options vest ratably over 4 years on each anniversary of the grant date beginning January 2, 2014.
- (5) The options vest ratably over 4 years on each anniversary of the grant date beginning April 4, 2014.

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Remarks:

Exhibit List:

Exhibit 24 - Power of Attorney

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.