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NATIONWIDE HEALTH PROPERTIES INC

Form 4

January 31, 2008

FORM 4

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

SECURITIES

OMB Number:

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January 31, Expires: 2005

OMB APPROVAL

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STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

if no longer subject to Section 16. Form 4 or Form 5

Check this box

obligations may continue. See Instruction

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1(b).

(Last)

1. Name and Address of Reporting Person * PASQUALE DOUGLAS M

2. Issuer Name and Ticker or Trading Symbol

NATIONWIDE HEALTH PROPERTIES INC [NHP] 5. Relationship of Reporting Person(s) to Issuer

3. Date of Earliest Transaction

(Month/Day/Year) 01/29/2008

_X__ Director 10% Owner X_ Officer (give title _ Other (specify

(Check all applicable)

below) President & CEO

610 NEWPORT CENTER DRIVE, **SUITE 1150**

(Street)

(First)

(Middle)

4. If Amendment, Date Original

Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

Filed(Month/Day/Year)

NEWPORT BEACH, CA 92660

(City)	(State)	Zip) Table	e I - Non-D	erivative	Secur	ities Acc	quired, Disposed	of, or Beneficial	lly Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired on(A) or Disposed of (D) (Instr. 3, 4 and 5)		Securities Beneficially Owned Following Reported	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
Common			Code V	Amount	or	Price	Transaction(s) (Instr. 3 and 4)		
Common Stock (4)	01/29/2008		F	3,795	D	\$ 32.5	286,597.96	D	
Common Stock							1,900	I	First Son's IRA (1)
Common Stock							1,550	I	Second Son's IRA
Common Stock							5,500	I	Wife's IRA (3)
	01/29/2008		A	4,100	A	\$0	290,697.96	D	

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Common Stock

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transacti Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Al Underlying Se (Instr. 3 and 4
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title
Stock Appreciation Rights	\$ 32.19	01/29/2008		A	133,600	01/29/2011(5)	01/29/2011	Common Stock

Reporting Owners

Reporting Owner Name / Address	Relationships					
	Director	10% Owner	Officer	Other		
PASQUALE DOUGLAS M						
610 NEWPORT CENTER DRIVE, SUITE 1150	X		President & CEO			
NEWPORT BEACH CA 92660						

Signatures

/s/ Douglas M.

Pasquale 01/31/2008 **Signature of Reporting Date

Explanation of Responses:

- If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) The reporting person disclaims beneficial ownership of these shares held indirectly by such reporting person's first son.
- (2) The reporting person disclaims beneficial ownership of these shares held indirectly by such reporting person's second son.
- (3) The reporting person disclaims beneficial ownership of these shares held indirectly by such reporting person's wife.
- (4) Shares withheld by NHP to cover tax withholding due in connection with the vesting of restricted stock previously awarded.

Reporting Owners 2

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(5) The stock appreciation rights will vest with respect to 33 1/3% on the first anniversary of the date of grant and each year thereafter so that the stock appreciation rights will be fully vested on the third anniversary of the date of grant.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.