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Farnsworth	Bryan D										
Form 4											
April 01, 20									OMB AF	PROVAL	
FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549							OMB Number:	3235-0287			
Check this box if no longer of a menutry of a change of the periperiod of a change of the periperiod of the periperiperiod of the periperiod of the periperiod of the periperiperiod of the periperiperiperiperiperiperiperiperiperi							Expires:	January 31,			
subject t Section Form 4 o	F CHANGES IN BENEFICIAL OWN SECURITIES					ERSHIP OF	Estimated a burden hour response	rs per			
Form 5 obligatic may con <i>See</i> Instr 1(b).	tinue. Section 17	a) of the l	Public U	Jtility Ho		npan	y Act of 1	Act of 1934, 935 or Section			
(Print or Type	Responses)										
							Ι	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)			
(Last) (First) (Middle) 3. (N 1 HORMEL PLACE 0 (Street) 4.			3. Date of Earliest Transaction (Month/Dav/Year)				_	Director 10% Owner X Officer (give title Other (specify below) below) Vice President			
				4. If Amendment, Date Original Filed(Month/Day/Year)				6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting Person			
AUSTIN, N	AN 55912						Ē	Form filed by Mo Person	ore than One Rej	porting	
(City)	(State)	(Zip)	Tab	ole I - Non	-Derivative	Secu	rities Acqui	ired, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	ecurity (Month/Day/Year) Execution D		Date, if Transactionor Disposed of (D) Code (Instr. 3, 4 and 5)				(D)	5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	Beneficial) Ownership	
C				Code V	Amount	(D)	Price	(Instr. 3 and 4)			
Common Stock	03/30/2011			М	20,000	А	\$ 16.37	29,006	D		
Common Stock	03/30/2011			М	10,000	А	\$ 12.63	39,006	D		
Common Stock	03/30/2011			S	25,389	D	\$ 27.9617	13,617	D		
Common Stock	03/30/2011			F	4,611	D	\$ 28.1	9,006 (1) (2)	D		

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. 5. Number of TransactionDerivative Code Securities (Instr. 8) Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)		6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Stock Options (Right to Buy)	\$ 16.37	03/30/2011		M <u>(3)</u>	20,000	<u>(4)</u>	12/06/2015	Common Stock	20,000
Stock Options (Right to Buy)	\$ 12.63	03/30/2011		M <u>(3)</u>	10,000	(5)	12/02/2018	Common Stock	10,000

Reporting Owners

Reporting Owner Name / Address	Relationships						
reporting of the reader that ess	Director	10% Owner	Officer	Other			
Farnsworth Bryan D 1 HORMEL PLACE AUSTIN, MN 55912			Vice President				
Signatures							
Bryan D Farnsworth, by Power	of	04/	01/2011				

Attorney
<u>**</u>Signature of Reporting Person

Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) All share amounts reflect the stock split effective February 1, 2011.
- (2) Reporting Person holds indirectly 6,328 shares in the JEPST Trust.
- (3) Reporting Person has exercised Stock Withholding Rights in connection with this option exercise, as reflected on Table I.

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(4) The option vested in four equal annual installments, with the first group vesting on December 6, 2006.

(5) The option is vesting in four equal annual installments, with the first group vesting on December 2, 2009.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.