WENTZ MYRON W

Form 4

December 06, 2018

UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

SECURITIES

OMB APPROVAL

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if no longer subject to Section 16. Form 4 or Form 5

Check this box

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations may continue.

Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1(b).

(Last)

(Print or Type Responses)

See Instruction

1. Name and Address of Reporting Person *

2. Issuer Name and Ticker or Trading

5. Relationship of Reporting Person(s) to

Issuer

WENTZ MYRON W

Symbol

(Check all applicable)

USANA HEALTH SCIENCES INC

[USNA]

3. Date of Earliest Transaction

_X__ Director Officer (give title

10% Owner Other (specify

(Month/Day/Year)

12/03/2018

C/O USANA HEALTH SCIENCES. INC., 3838 W PARKWAY BLVD

(First)

(Street) 4. If Amendment, Date Original

(Middle)

Filed(Month/Day/Year) Applicable Line)

X Form filed by One Reporting Person Form filed by More than One Reporting

6. Individual or Joint/Group Filing(Check

SALT LAKE CITY, UT 84120

(City)	(State)	(Zip) Tabl	le I - Non-I	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. 4. Securities Acquired (A) Transactionr Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)			5. Amount of 6. Securities Ownership Beneficially Form: Owned Direct (D) Following or Indirect	7. Nature of Indirect Beneficial Ownership (Instr. 4)		
			Code V	Amount	(A) or (D)	Price	Reported Transaction(s) (Instr. 3 and 4)	(I) (Instr. 4)	Shares
Common Stock	12/03/2018		S <u>(1)</u>	12,702	D	\$ 120.87 (2) (3)	9,942,912	I	owned of record by Gull Global Limited (4)
Common Stock	12/03/2018		S(1)	1,929	D	\$ 121.5 (3) (5)	9,940,983	I	Shares owned of record by

Gull

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								Global Limited
Common Stock	12/03/2018	S <u>(1)</u>	743	D	\$ 122.72 (3) (6)	9,940,240	I	Shares owned of record by Gull Global Limited
Common Stock	12/04/2018	S <u>(1)</u>	8,778	D	\$ 119.7 (<u>3)</u> (<u>7)</u>	9,931,462	I	Shares owned of record by Gull Global Limited
Common Stock	12/04/2018	S <u>(1)</u>	5,648	D	\$ 120.57 (3) (8)	9,925,814	I	Shares owned of record by Gull Global Limited
Common Stock	12/04/2018	S <u>(1)</u>	200	D	\$ 121.16	9,925,614	I	Shares owned of record by Gull Global Limited

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of	2.	3. Transaction Date	3A. Deemed	4.	5.	6. Date Exercisable and	7. Title and	8. Price of	9. Nu
Derivative	Conversion	(Month/Day/Year)	Execution Date, if	TransactionNumber		Expiration Date	Amount of	Derivative	Deriv
Security	or Exercise		any	Code	of	(Month/Day/Year)	Underlying	Security	Secui
(Instr. 3)	Price of		(Month/Day/Year)	(Instr. 8)	Derivative	e	Securities	(Instr. 5)	Bene
	Derivative				Securities		(Instr. 3 and 4)		Owne
	Security				Acquired				Follo
					(A) or				Repo
					Disposed				Trans
					of (D)				(Instr

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(Instr. 3, 4, and 5)

Date Expiration Or Number Of Shares

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

WENTZ MYRON W C/O USANA HEALTH SCIENCES, INC. 3838 W PARKWAY BLVD SALT LAKE CITY, UT 84120



Signatures

/s/ Valarie A. Hing, Attorney in Fact

12/05/2018

**Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) This sale was effected pursuant to a Rule 10b5-1 trading plan adopted by the Reporting Person.
- (2) Weighted average price. Price range in multiple transactions was \$120.18 to \$121.17, inclusive.
- (3) The reporting person undertakes to provide USANA Health Sciences, Inc., any security holder thereof or the staff of the Securities Exchange Commission information regarding the number of shares sold at each price within the ranges set forth.
- (4) The holder of record of the shares of Common Stock disposed of is Gull Global Limited, an entity wholly indirectly owned and controlled by Dr. Myron W. Wentz.
- (5) Weighted average price. Price range in multiple transactions was \$121.19 to \$122.16, inclusive.
- (6) Weighted average price. Price range in multiple transactions was \$122.38 to \$123.00, inclusive.
- (7) Weighted average price. Price range in multiple transactions was \$119.10 to \$120.09, inclusive.
- (8) Weighted average price. Price range in multiple transactions was \$120.10 to \$121.09, inclusive.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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