GLATFELTER PHCO

Form 4

November 14, 2014

FORM 4 UNITED STATES SECURITIES AND EXCHANGE COMMISSION

OMB APPROVAL

OMB 3235-0287 Number:

January 31, Expires: 2005

burden hours per response...

Estimated average 0.5

Check this box if no longer subject to Section 16. Form 4 or Form 5

SECURITIES

Washington, D.C. 20549

STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, obligations Section 17(a) of the Public Utility Holding Company Act of 1935 or Section may continue. 30(h) of the Investment Company Act of 1940 See Instruction

1(b).

(Print or Type Responses)

1. Name and Address of Reporting Person * Yanavitch William T. II			2. Issuer Name and Ticker or Trading Symbol GLATFELTER P H CO [GLT]	5. Relationship of Reporting Person(s) to Issuer (Check all applicable)		
(Last)	(First)	(Middle)	3. Date of Earliest Transaction	(Check an applicable)		
			(Month/Day/Year)	Director 10% Owner		
96 SOUTH GEORGE			11/13/2014	X Officer (give title Other (specify below)		
STREET, SUITE 520				Senior VP, H.R. & Admin.		
(Street)			4. If Amendment, Date Original	6. Individual or Joint/Group Filing(Check		
			Filed(Month/Day/Year)	Applicable Line) _X_ Form filed by One Reporting Person		
YORK, PA 17401				Form filed by More than One Reporting Person		

(City)	(State)	(Zip) Tab	le I - Non-l	Derivative	Secur	ities Acqui	red, Disposed of,	or Beneficiall	y Owned
1.Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transactic Code (Instr. 8)	4. Securition Dispose (Instr. 3, 4	ed of (5. Amount of Securities Beneficially Owned Following Reported Transaction(s) (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)
Common Stock, Par Value \$.01	11/13/2014		M		A	\$ 27	35,126	D	
Common Stock, Par Value \$.01	11/13/2014		M	13,900	A	\$ 27	49,026	D	
Common Stock, Par Value \$.01	11/13/2014		M	14,880	A	\$ 27	63,906	D	
Common Stock, Par	11/13/2014		M	25,100	A	\$ 27	89,006	D	

Edgar Filing: GLATFELTER P H CO - Form 4

Value \$.01								
Common Stock, Par Value \$.01	11/13/2014	F <u>(1)</u>	10,903	D	\$ 27	78,103	D	
Common Stock, Par Value \$.01	11/13/2014	D(2)	35,069	D	\$ 27	43,034	D	
Common Stock, Par Value \$.01	11/14/2014	S	19,908	D	\$ 26.796 (3)	23,126	D	
Common Stock, Par						2,684	I	401(k) Plan

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

Value \$.01

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

SEC 1474

(9-02)

Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactio Code (Instr. 8)	5. Number of or Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amoun Underlying Securiti (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amor or Numl of Sh
Stock Only Stock Appreciation Rights	\$ 15.94	11/13/2014		M	12,000	03/07/2010	03/07/2017	Common Stock, Par Value \$.01	12,0
Stock Only Stock Appreciation Rights	\$ 14.78	11/13/2014		M	13,900	12/19/2010	12/19/2017	Common Stock, Par Value \$.01	13,9
Stock Only Stock Appreciation Rights	\$ 13.44	11/13/2014		M	14,880	03/05/2011	03/05/2018	Common Stock, Par Value \$.01	14,8
	\$ 13.95	11/13/2014		M	25,100	03/03/2011	03/03/2020		25,1

Stock Only Stock Appreciation Rights Common Stock, Par Value \$.01

Reporting Owners

Reporting Owner Name / Address Relationships

Director 10% Owner Officer Other

Yanavitch William T. II 96 SOUTH GEORGE STREET SUITE 520 YORK, PA 17401

Senior VP, H.R. & Admin.

Signatures

Linda M. Levans by POA

**Signature of Reporting Date
Person

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) These shares are being withheld to satisfy tax obligations.
- (2) The Company grants SARs that are settled in stock. These units repesent the difference between the number of Stock-Only SARs granted, versus the number received in settlement or withheld for taxes.
- (3) This is an average price. Shares were sold between \$26.69 and \$26.85.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

Reporting Owners 3