

ROMAINE STEPHEN S
Form 5
February 10, 2010

FORM 5

UNITED STATES SECURITIES AND EXCHANGE COMMISSION
Washington, D.C. 20549

OMB APPROVAL

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Check this box if no longer subject to Section 16. Form 4 or Form 5 obligations may continue. See Instruction 1(b).
Form 3 Holdings Reported Form 4 Transactions Reported

ANNUAL STATEMENT OF CHANGES IN BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

1. Name and Address of Reporting Person *
ROMAINE STEPHEN S

2. Issuer Name and Ticker or Trading Symbol
TOMPKINS FINANCIAL CORP
[TMP]

5. Relationship of Reporting Person(s) to Issuer

(Check all applicable)

(Last) (First) (Middle)

3. Statement for Issuer's Fiscal Year Ended (Month/Day/Year)
12/31/2009

Director 10% Owner
 Officer (give title below) Other (specify below)
President & CEO

TOMPKINS FINANCIAL CORPORATION, P.O. BOX 460

(Street)

4. If Amendment, Date Original Filed(Month/Day/Year)

6. Individual or Joint/Group Reporting

(check applicable line)

ITHACA, NY 14851

Form Filed by One Reporting Person
 Form Filed by More than One Reporting Person

(City) (State) (Zip)

Table I - Non-Derivative Securities Acquired, Disposed of, or Beneficially Owned

1. Title of Security (Instr. 3)	2. Transaction Date (Month/Day/Year)	2A. Deemed Execution Date, if any (Month/Day/Year)	3. Transaction Code (Instr. 8)	4. Securities Acquired (A) or Disposed of (D) (Instr. 3, 4 and 5)	(A) or (D)	Price	5. Amount of Securities Beneficially Owned at end of Issuer's Fiscal Year (Instr. 3 and 4)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Ownership (Instr. 4)
Common Stock Drip	12/31/2009	Â	L	3	A	\$ (1)	105	D	Â
Common Stock - 401k/esop	12/31/2009	Â	L	192	A	\$ (2)	2,933	D	Â

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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SEC 2270 (9-02)

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned
(e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transaction Code (Instr. 8)	5. Number of Derivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)	7. Title and Amount of Underlying Securities (Instr. 3 and 4)	Amount or Number of Shares
Incentive Stock Option (Right to Buy)	\$ 28.36	Â	Â	Â	Â (A) Â (D)	Â (3) 07/24/2011	Common Stock	2,330
Incentive Stock Option (Right to Buy)	\$ 32.23	Â	Â	Â	Â (A) Â (D)	Â (3) 09/30/2012	Common Stock	7,986
Incentive Stock Option (Right to Buy)	\$ 39.34	Â	Â	Â	Â (A) Â (D)	Â (3) 05/03/2014	Common Stock	6,052
Incentive Stock Option (Right to Buy)	\$ 42.39	Â	Â	Â	Â (A) Â (D)	Â (4) 01/23/2016	Common Stock	7,260
Incentive Stock Option (Right to Buy)	\$ 43.51	Â	Â	Â	Â (A) Â (D)	Â (4) 01/18/2017	Common Stock	4,368
Incentive Stock Option (Right to Buy)	\$ 41	Â	Â	Â	Â (A) Â (D)	Â (4) 11/29/2017	Common Stock	51
Non-qualified Stock Option (Right to Buy)	\$ 39.34	Â	Â	Â	Â (A) Â (D)	Â (3) 05/03/2014	Common Stock	7,015
Non-qualified Stock Option (Right to Buy)	\$ 42.39	Â	Â	Â	Â (A) Â (D)	Â (4) 01/23/2016	Common Stock	3,740
Non-qualified Stock Option (Right to Buy)	\$ 43.51	Â	Â	Â	Â (A) Â (D)	Â (4) 01/18/2017	Common Stock	10,630
Non-qualified Stock Option (Right to Buy)	\$ 41	Â	Â	Â	Â (A) Â (D)	Â (4) 11/29/2017	Common Stock	14,940

Stock Appreciation Rights (SAR) \$ 45.88 09/17/2019 Common Stock 20,000 (5)

Reporting Owners

Reporting Owner Name / Address	Relationships			
	Director	10% Owner	Officer	Other
ROMAINE STEPHEN S TOMPKINS FINANCIAL CORPORATION P.O. BOX 460 ITHACA, NY 14851	X		President & CEO	

Signatures

/s/ Stephen S. Romaine 02/09/2010

Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Shares acquired through reinvestment of quarterly cash dividends.
- (2) Shares acquired through payroll deferral and reinvestment of quarterly cash dividends.
- (3) The stock option becomes exercisable in four annual installments commencing two years after the date of grant.
- (4) The stock option becomes exercisable in six annual installments commencing two years after the date of grant.
- (5) Stock Appreciation Rights (SARs) were granted pursuant to the Tompkins Financial Corporation 2009 Equity Plan. They become exercisable in six annual installments commencing two years after the grant date, and when exercised, SARs will be settled in Common Stock of the Company.

Note: File three copies of this Form, one of which must be manually signed. If space provided is insufficient, see Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.