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USANA HEALTH SCIENCES INC Form 3 May 23, 2008 FORM 3 UNITED STATES SECURITIES AND EXCHANGE COMMISSION Washington, D.C. 20549 OMB APPROVAL

INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF SECURITIES

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting Person <u>*</u> Beagle Irrevocable Asset Trust			2. Date of Event Requiring Statement (Month/Day/Year) 05/13/2008	3. Issuer Name and Ticker or Trading Symbol USANA HEALTH SCIENCES INC [USNA]			
(Last)	(First)	(Middle)		4. Relationship Person(s) to Is			5. If Amendment, Date Original Filed(Month/Day/Year)
4567 LAKE	SHORE D	RIVE					T fied (filling Duy) Tear)
(Street)			(Check all applicable)			6. Individual or Joint/Group	
WACO, TZ	XÂ 76710			Director Officer (give title below	X Other		Filing(Check Applicable Line) _X_ Form filed by One Reporting Person Form filed by More than One Reporting Person
(City)	(State)	(Zip)	Table I - N	Non-Derivati	ive Securiti	es Bei	neficially Owned
1.Title of Secur (Instr. 4)	ity		2. Amount o Beneficially (Instr. 4)		3. Ownership Form: Direct (D) or Indirect (I) (Instr. 5)	4. Nat Owne (Instr.	
Common Sto	ock		17,340		D	Â	
Reminder: Repo		ate line for ea	ch class of securities benefic	ially SI	EC 1473 (7-02)	
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Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security	2. Date Exercisable and	3. Title and Amount of	4.	5.	6. Nature of Indirect
(Instr. 4)	Expiration Date	Securities Underlying	Conversion	Ownership	Beneficial Ownership
	(Month/Day/Year)	Derivative Security	or Exercise	Form of	(Instr. 5)
		(Instr. 4)	Price of	Derivative	
		Title	Derivative	Security:	
			Security	Direct (D)	

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January 31,

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Date	Expiration	Amount or	or Indirect
Exercisable	Date	Number of	(I)
		Shares	(Instr. 5)

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
Beagle Irrevocable Asset Trust 4567 LAKE SHORE DRIVE WACO, TX 76710	Â	Â	Â	(1)	
Signatures					
/s/ Eugene R. Franklin, Trustee	05/23	/2008			

**Signature of Reporting Person

Explanation of Responses:

* If the form is filed by more than one reporting person, see Instruction 5(b)(v).

Date

** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).

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Remarks:

(1) Reporting Person may be deemed to be a member of a 13(d) group that collectively is a ter

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