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PYR ENERGY CORP Form 3

July 27, 2006

UNITED STATES SECURITIES AND EXCHANGE COMMISSION FORM 3 Washington, D.C. 20549

OMB APPROVAL

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INITIAL STATEMENT OF BENEFICIAL OWNERSHIP OF **SECURITIES**

Filed pursuant to Section 16(a) of the Securities Exchange Act of 1934, response... Section 17(a) of the Public Utility Holding Company Act of 1935 or Section 30(h) of the Investment Company Act of 1940

(Print or Type Responses)

1. Name and Address of Reporting

Person *

RICHARDS JANE M

(Last)

(Instr. 4)

(First)

(Middle)

Statement

(Month/Day/Year)

07/26/2006

2. Date of Event Requiring 3. Issuer Name and Ticker or Trading Symbol

PYR ENERGY CORP [PYR]

(Check all applicable)

Chief Financial Officer

4. Relationship of Reporting Person(s) to Issuer

5. If Amendment, Date Original

Filed(Month/Day/Year)

1675 BROADWAY, SUITE 2450

(Street)

Director

_X__ Officer

10% Owner Other (give title below) (specify below)

6. Individual or Joint/Group Filing(Check Applicable Line) _X_ Form filed by One Reporting

Person

Form filed by More than One Reporting Person

4. Nature of Indirect Beneficial

DENVER, COÂ 80202

(City) (State)

1. Title of Security

(Zip)

Table I - Non-Derivative Securities Beneficially Owned

2. Amount of Securities Beneficially Owned

(Instr. 4)

Ownership Form:

Ownership (Instr. 5)

Direct (D) or Indirect (I) (Instr. 5)

Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

SEC 1473 (7-02)

Persons who respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB control number.

Table II - Derivative Securities Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 4)

2. Date Exercisable and **Expiration Date** (Month/Day/Year)

3. Title and Amount of Securities Underlying Derivative Security (Instr. 4)

4. Conversion or Exercise Price of Derivative

5. Ownership Form of Derivative

6. Nature of Indirect Beneficial

Ownership

(Instr. 5)

Date Exercisable Expiration Date

Title

Amount or Number of Shares

Security: Security Direct (D)

or Indirect (I)

						(Instr. 5)	
Employee Stock Option (right to buy)	(1)	07/26/2011	Common Stock	60,000	\$ 1.12	D	Â
Employee Stock Option (right to buy)	(2)	04/16/2010	Common Stock	90,000	\$ 1.46	D	Â
Employee Stock Option (right to buy)	11/23/2005	11/23/2010	Common Stock	25,000	\$ 1.34	D	Â

Reporting Owners

Reporting Owner Name / Address	Relationships				
	Director	10% Owner	Officer	Other	
RICHARDS JANE M 1675 BROADWAY, SUITE 2450 DENVER, CO 80202	Â	Â	Chief Financial Officer	Â	

Signatures

/s/ Jane M. Richards	07/27/2006		
**Signature of Reporting Person	Date		

Explanation of Responses:

- * If the form is filed by more than one reporting person, see Instruction 5(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) 20,000 option shares are exercisable as of the date of grant, July 26, 2006. The remaining 40,000 option shares will vest and become exercisable in two equal annual installments beginning on July 26, 2007.
- (2) 30,000 option shares vested and became exercisable on April 16, 2006. The remaining 60,000 option shares will vest and become exercisable in two equal annual installments beginning on April 16, 2007.

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *See* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.

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