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MORRIS SCO Form 4	TT L										
January 12, 20	12										
FORM	4 UNITE		ES SECURIT	TIFS AN	DEXCE	IANA	CF CO	MMISSION		PROVAL	
		JSIAI			D EXCI D.C. 2054		GE CO.		OMB Number:	3235-0287	
Check this l if no longer											
subject to Section 16. Form 4 or	STATE										
Form 5 obligations may continu <i>See</i> Instruct 1(b).	Bection 1	7(a) of th	o Section 16(a e Public Utili h) of the Inve	ty Holdi	ng Compa	any A	Act of 19	Act of 1934, 935 or Section	response	0.5	
(Print or Type Res	sponses)										
1. Name and Add MORRIS SCO		ng Person <u>*</u>	Symbol			ading		Relationship of F suer	Reporting Perso	on(s) to	
			AVISTA (3. Date of Ea	_	_			(Check all applicable)			
1411 E MISSI	× ,	(wildle)	(Month/Day, 01/10/201	/Year)	isaction			Director X Officer (give the low)		Owner r (specify	
								/	President and (CEO	
	(Street)		4. If Amenda Filed(Month/		Original		Aj	Individual or Join oplicable Line) K_ Form filed by Or			
SPOKANE, W	VA 99202						Pe	Form filed by Mo Frson	re than One Rep	porting	
(City)	(State)	(Zip)	Table I	- Non-Dei	rivative Sec	curitie	es Acquir	ed, Disposed of,	or Beneficiall	y Owned	
1.Title of Security (Instr. 3)	2. Transaction Date 2A. Deemed (Month/Day/Year) 2A. Deemed Execution Date, if any (Month/Day/Year)			3. 4. Securities Acquired Transaction(A) or Disposed of (D) Code (Instr. 3, 4 and 5) (Instr. 8)				5. Amount of Securities Beneficially Owned Following Reported Transaction(s)	6. Ownership Form: Direct (D) or Indirect (I) (Instr. 4)	7. Nature of Indirect Beneficial Ownership (Instr. 4)	
				Code V	Amount	or (D)	Price	(Instr. 3 and 4)	(msu: 1)		
Common					1 1110 4110	(2)	11100				
Stock Performance Shares	01/10/2012			М	46,260	А	<u>(1)</u>	178,934	D		
Common Stock Performance Shares	01/10/2012			F	13,431 (2)	D	\$ 25.22	165,503	D		
Common Stock held in 401(k) Investment								13,386 <u>(3)</u>	Ι	held by Trustee	

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Reminder: Report on a separate line for each class of securities beneficially owned directly or indirectly.

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Table II - Derivative Securities Acquired, Disposed of, or Beneficially Owned (e.g., puts, calls, warrants, options, convertible securities)

1. Title of Derivative Security (Instr. 3)	2. Conversion or Exercise Price of Derivative Security	3. Transaction Date (Month/Day/Year)	3A. Deemed Execution Date, if any (Month/Day/Year)	4. Transactic Code (Instr. 8)	5. Number of orDerivative Securities Acquired (A) or Disposed of (D) (Instr. 3, 4, and 5)	6. Date Exercisable and Expiration Date (Month/Day/Year)		7. Title and Amount of Underlying Securities (Instr. 3 and 4)	
				Code V	(A) (D)	Date Exercisable	Expiration Date	Title	Amount or Number of Shares
Conversion of 2009 Performance Shares	<u>(1)</u>	01/10/2012		М	51,400	<u>(1)</u>	<u>(1)</u>	Common Stock	51,400

Reporting Owners

Reporting Owner Name / Address	s Relationships						
	Director	10% Owner	Officer	Other			
MORRIS SCOTT L 1411 E MISSION AVE SPOKANE, WA 99202			Chairman, President and CEO				

Signatures

/s/ Scott L 01/12/2012 Morris

<u>**</u>Signature of Reporting Person Date

Explanation of Responses:

- * If the form is filed by more than one reporting person, *see* Instruction 4(b)(v).
- ** Intentional misstatements or omissions of facts constitute Federal Criminal Violations. See 18 U.S.C. 1001 and 15 U.S.C. 78ff(a).
- (1) Each performance share represents a contingent right to receive a share of Avista Common Stock upon Avista achieving a specified performance measure.

(2) Shares withheld to pay income tax on Performance Shares acquired 1/10/2012.

2

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(3) Estimate as of December 31, 2011

Note: File three copies of this Form, one of which must be manually signed. If space is insufficient, *see* Instruction 6 for procedure. Potential persons who are to respond to the collection of information contained in this form are not required to respond unless the form displays a currently valid OMB number.